

NEP and Learning Outcome-based Curriculum Framework (LOCF)

For

Under Graduate Programme

B.A. Psychology

(To be effective from the Academic Session 2024-25)



Department of Psychology

Gurugram University, Gurugram

(A State University established by Govt. of Haryana Act No. 17 of 2017)

(Scheme UG A1: B.A. Psychology (Multidisciplinary))

Semester 1

Course Code	Course Title	Course ID	L	T	P	L	T	P	Total Credits	MARKS				
			(Hrs)			Credits				TI	TE	PI	PE	Total
Core Course(s)														
CC-A1	Introduction to Psychology	240/SOC/CC1 01	2		4	2		2	4	15	35	15	35	100

Semester 2

Course Code	Course Title	Course ID	L	T	P	L	T	P	Credits	MARKS				
			(Hrs)			Credits				TI	TE	PI	PE	Total
Core Course(s)														
CC-A2	Social Psychology	240/SOC/CC201	2		4	2		2	4	15	35	15	35	100

Semester 3

Course Code	Course Title	Course ID	L	T	P	L	T	P	Credits	MARKS				
			(Hrs)			Credits				TI	TE	PI	PE	Total
Core Course(s)														
CC-A3	Experimental Psychology	240/SOC/CC301	2		4	2		2	4	15	35	15	35	100

Semester 4

Course Code	Course Title	Course ID	L	T	P	L	T	P	Credits	MARKS				
			(Hrs)			Credits				TI	TE	PI	PE	Total
Core Course(s)														
CC-A4	Psychology of Life Span Development	240/SOC/CC401	2		4	2		2	4	15	35	15	35	100

Semester 5

Course Code	Course Title	Course ID	L	T	P	L	T	P	Credits	MARKS				
			(Hrs)			Credits				TI	TE	PI	PE	Total
Core Course(s)														
CC-A5	Psychopathology	240/SOC/CC501	2		4	2		2	4	15	35	15	35	100

Internship is to be done during summer break after 4th Semester, Marks will be added in 5th Semester.

Semester 6

Course Code	Course Title	Course ID	L	T	P	L	T	P	Credits	MARKS				
			(Hrs)			Credits				TI	TE	PI	PE	Total
Core Course(s)														
CC-A6	Applied Psychology	240/SOC/CC601	2		4	2		2	4	15	35	15	35	100

The curriculum of semester 7 and 8 will be provided in due course of time.

Nature of Work	Course Credits	Contact hours per week	Contact hours per semester (15 weeks)
Lecture	01	01	15
Tutorial per paper	01	01	15
Practical, Seminar, Internship, field practice/project, or community engagement, etc.	01	02	30

Note: Tutorial batch size (UG programme: 20-25, PG Programme: 12-15)

The distribution of credits among the lectures/tutorial/practicum will be as follows:

Courses	Total Credits	L (Credits)	T (Credits)	P (Credits)	MARKS			
					TI	TE	PI	PE
Only Theory	4	3 (3 hrs)	1	-	30	70	-	-
	3	2 (2 hrs)	1	-	25	50	-	-
	2	1	1	-	15	35	-	-
Theory and Practicum	4	3 (3 hrs)	-	1 (2 hrs)	25	50	5	20
	4 (Where pract. is dominant)	2 (2 hrs)	-	2 (4 hrs)	15	35	15	35
	3	2 (2 hrs)	-	1 (2 hrs)	15	35	5	20
	2	1	-	1 (2 hrs)	5	20	5	20
When Practicum is separate course	2	-	-	2 (4 hrs)	-	-	15	35
	3	-	-	3 (6 hrs)	-	-	25	50
	4	-	-	4 (8 hrs)	-	-	30	70
AEC/VAC	2	2 (2 hrs)			15	35	-	-
SEC	3	2 (2 hrs)		1 (2 hrs)	15	35	5	20
	2	1		1 (2 hrs)	5	20	5	20
DSEC	4	3 (3 hrs)		1 (2 hrs)	25	50	5	20
Minor/VOC	4	2 (2 hrs)		2 (4 hrs)	15	35	15	35
Internship	4	--	--	4 (8 hrs)			30	70

L= Lecture; T= Tutorial, P= Practicum; Ti= Theory Internal Assessment; TE= Theory End Semester Examination; PI= Practicum Internal; PE= Practicum End Semester examination

UG A1: Multidisciplinary

Semester- 1

CC-A1 Introduction to Psychology (Credits 04)

240/SOC/CC101

Maximum Marks: 100

Theory Examination: 35

Theory Internal Assessment: 15

Practical Examination: 35

Practical Internal Assessment: 15

Examination Time: 3 hrs

Course Outcomes

- Students will understand the historical development and key concepts of psychology.
- Students will develop an awareness of the various subfields within psychology.
- Students will understand and apply basic research methods in psychology.
- Students will be able to apply psychological theories and principles to real-life situations.

Instructions:

The students will be required to attempt four questions in all. Question No. I will be compulsory comprising of 5 short answer type questions of 1 mark each and will cover the entire syllabus 1X 5 = 5 marks. In addition to it, Question Nos. II to VII will consist of long answer (essay type) questions, two Questions from each Unit with internal choice carrying 10 marks each i.e. 3 X 10 = 30 marks thus making it the total weight age to 35 marks. Three questions to be attempted. One from each unit.

Unit I: Introduction

Meaning, Nature and Scope of Psychology; historical origin and emergence of Psychology as Science.

Methods of Psychology: Experimental, Interview, Case Study and Observational- Nature, advantages and limitations.

Unit II: Emotion and Motivation

Emotion: Nature and theories- James-Lange, Cannon Bard, Schashter and Singer

Motivation: Motivational cycle, Biological and Social Motives

Unit III: Personality and Intelligence

Personality: Nature and Theories- Eysenck, Allport and Cattell

Intelligence: Nature and Theories- Spearman, Thurstone and Gardner

Suggested Readings

1. Morgan, C.T. and King, R.: Introduction to Psychology. Tata McGraw Hill Publishing Company Limited, New Delhi (1993).
2. Guilford, J.P.: General Psychology D. Van Nostrand: Princeton (1956).
3. Mohsin, S.M.: Elementary Psychology Delhi: Motilal Banarasi Das, (1997).
4. Hilgard & Atkinson: Introduction to Psychology (6th Ed.) New Delhi: Oxford & IBH Publishing Co., (1976).
8. Khatoon, N.: General Psychology New Delhi: Pearson Education (2012).
5. Feldman, R.S. (2004). Understanding Psychology (6th Edition), New Delhi, Tata-

McGraw Hill.

Practical

1. Observation
2. NEO-FFI Personality Inventory
3. Study of Emotions
4. Motivation Test
5. Verbal Test of Intelligence
6. Performance Test of Intelligence/RPM
7. EPQ

Note: Students will perform at least four practical. The examiner will allot one practical at the time of end term examination for evaluation.

Semester-2**CC-A2 Social Psychology (Credits 04)**

240/SOC/CC201

Maximum Marks: 100
Theory Examination: 35
Theory Internal Assessment: 15
Practical Examination: 35
Practical Internal Assessment: 15
Examination Time: 3 hrs

Course Outcomes:

- Students will understand the historical context of Social Psychology.
- Students will comprehend how social influence shapes individual behavior.
- Students will learn about the formation and impact of social identities, including concepts like self-concept and self-esteem.
- Students will apply social psychological principles to real-world issues.

Instructions:

The students will be required to attempt four questions in all. Question No. I will be compulsory comprising of 5 short answer type questions of 1 mark each and will cover the entire syllabus 1X 5 = 5 marks. In addition to it, Question Nos. II to VII will consist of long answer (essay type) questions, two Questions from each Unit with internal choice carrying 10 marks each i.e. 3 X 10 = 30 marks thus making it the total weight age to 35 marks. Three questions to be attempted. One from each unit.

Unit I: Introduction

Definition and Nature of Social Psychology. Brief history of Social Psychology.
 Determinants of Social Behaviour; Applications of social psychology in Health and social media

Unit II: Self and Social Perception

Self-Perception and Self Presentation: Self Concept, Self Esteem, Self-Serving Bias and Self Presentation.

Social Perception: Attribution: basic sources of attribution error, Application of attribution theory.

Unit III: Attitudes and Leadership

Nature of Attitudes- Definition & characteristics of attitudes, Attitude Formation and Attitude change.

Leadership: Definition and functions, Traits, Situations and Contingency approaches of leadership.

Suggested Readings:

1. Baron, R., & Byrne, R. (2010): Social Psychology (12th Edition) Pearson.
2. Misra, G (1990). Applied Social Psychology in India. New Delhi: Sage.
3. Mayers, David, G (1998) Exploring Social Psychology (2nd Ed.) New Jersey: Prentice Hall.
4. Alcock, J.E. Carment, D.W. Sadava, S.W. Collins, J.E., & Green, J.M (1997): A textbook of Social Psychology. Ontario: Prentice Hall.
5. Secord, P.F. & Backman, C.W. (1964). Social Psychology. New York: McGraw Hill.

6. Wrightsman, L.S Social Psychology (2nd Ed.) California: Brooks/Cole
7. Baran, R.A, & Donn Byrne Branscombe N.R (2008). Social Psychology (11th Ed.) New Delhi: Prentice Hall of India.
8. Kuppuswamy, B Introduction to Social Psychology Bombay: Media Promotors (1980).

Practical

1. Sociometry
2. Measurement of Attitude
3. Self-Concept
4. Self Esteem
5. Rosenzweig's P.F. Test
6. Attribution
7. Leadership Styles

Note: Students will perform at least four practical. The examiner will allot one practical at the time of end term examination for evaluation.

Semester- 3

CC-A3 Experimental Psychology (Credits 04)

240/SOC/CC301

Maximum Marks: 100
Theory Examination: 35
Theory Internal Assessment: 15
Practical Examination: 35
Practical Internal Assessment: 15
Examination Time: 3 hrs

Course Outcomes:

- Students will gain knowledge of various cognitive processes.
- Students will be able to conduct experiments on their own, thereby gaining hands-on experience in the research process.
- Students will learn how to interpret and draw meaningful conclusions from experimental data.

Instructions:

The students will be required to attempt four questions in all. Question No. I will be compulsory comprising of 5 short answer type questions of 1 mark each and will cover the entire syllabus 1X 5 = 5 marks. In addition to it, Question Nos. II to VII will consist of long answer (essay type) questions, two Questions from each Unit with internal choice carrying 10 marks each i.e. 3 X 10 = 30 marks thus making it the total weight age to 35 marks. Three questions to be attempted. One from each unit.

Unit-I: Sensation and Perception

Sensation: Nature, Characteristics and Types; Structure and Functions of Visual and Auditory sensation.

Perception: nature, Principles of perceptual organization, Perceptual constancies and Depth perception.

Unit II: Learning and Memory

Concept and Nature of learning. Principles and Paradigms of Classical Conditioning and Operant conditioning.

Memory: Nature and Types of memory: Sensory memory, short term memory and long-term memory.

Unit-III: Thinking and Problem Solving

Thinking: Nature and Types of Thinking

Problem Solving: Nature and Factors affecting Problem Solving.

Suggested Readings

Atkinson, R.L., Atkinson, R.L, et al. (1985) Introduction to Psychology. N. Y.: HBJ Publishers.

D' Amato, M.R. (2001) Experimental Psychology: Methodology, Psychophysics and Learning. New Delhi: McGraw Hill.

Mishra, B. K. (2016). Psychology: The Study of Human Behaviour. Delhi: PHI

Singh, A.K. (2009) Uchattar Samanaya Manovigyan. Delhi: Moti Lal Banarsidas.

Singh, A. & Singh, U. (1984).PrayogatamakManovigyan.Bhiwani: Vedic Prakashan.

Singh, R. &Shyam, R. (2008) AdhuniWangyanatmakManovigyan. Panchkula: Haryana SahityaAkadami.

Practical

1. Sound Localization
2. Experiment on STM/LTM
3. Colour Blindness
4. Study of Primacy and Recency Effect
5. Simple Reaction time
6. Maze Learning
7. Problem Solving

Note: Students will perform at least four practical. The examiner will allot one practical at the time of end term examination for evaluation.

Semester- 4**CC-A4 Psychology of life span Development (Credits 04)**

240/SOC/CC401

Maximum Marks: 100**Theory Examination: 35****Theory Internal Assessment: 15****Practical Examination: 35****Practical Internal Assessment: 15****Examination Time: 3 hrs****Course Outcomes:**

- Students will be able to describe the major stages of human development.
- Students will understand the impact of biological, social and cultural factors on human development.
- Students will gain knowledge of key theories in developmental psychology.
- Students will understand the problems that occur in various stages of development.

Instructions:

The students will be required to attempt four questions in all. Question No. I will be compulsory comprising of 5 short answer type questions of 1 mark each and will cover the entire syllabus 1X 5 = 5 marks. In addition to it, Question Nos. II to VII will consist of long answer (essay type) questions, two Questions from each Unit with internal choice carrying 10 marks each i.e. 3 X 10 = 30 marks thus making it the total weight age to 35 marks. Three questions to be attempted. One from each unit.

Unit-I Introduction

Human Development: Historical background; Principles of Development; Nature-Nurture concept in human development

Unit-II Factors and theories of Human Development

Factors of Human Development: Role of biological, social and cultural factors affecting human development.

Theories of Development: Freud's Psychosexual development, Erikson's Psychosocial Development and Piaget's Cognitive development theory

Unit III Stages of Development

Infancy: characteristics, development and problems of infancy. Childhood: characteristics and problems of childhood.

Adolescence: Nature, characteristics and problems of adolescence. Youth and its current status.

Suggested Readings

Berk, L.E. (2007). Development through the life span (3rd ed.) Pearson Education.

Hurlock, E.B. (2002) Developmental Psychology: A life-span approach (5th ed.).Tata McGraw Hill. New Delhi.

R.R. Chauhan. Vikasatmak Manovigyan. Azad Publications, Kurukshetra.

Hurlock, E.B. Developmental Psychology: A life- span approach. New Delhi: Tata McGraw Hill (2007).

- Hurlock, E.B. Child Development (6th Ed.) McGraw Hill Co. Auckland (1981).
- Kakar, S. (2012). The inner world: a psychoanalytic study of childhood and society in India (4th Ed). New Delhi, Oxford University Press.
- Papalia, D and Olds, S.W. Human Development. Human development.9th Ed. New Delhi: Tata McGraw- Hill (2006).

Practical

1. Family Environment Scale
2. Emotional Maturity Scale
3. Youth Problem Inventory
4. Aggression Questionnaire
5. Mini Mental Status Examination (Test)
6. Impulsiveness scale
7. Case study

Note: Students will perform at least four practical. The examiner will allot one practical at the time of end term examination for evaluation.

Semester- 5**CC-A5 Psychopathology (Credits 04)**

240/SOC/CC501

Maximum Marks: 100
Theory Examination: 35
Theory Internal Assessment: 15
Practical Examination: 35
Practical Internal Assessment: 15
Examination Time: 3 hrs

Course Outcomes:

- Students will understand the historical context of psychopathology.
- Students will learn about various factors that contribute to the development of psychological disorders.
- Students will become familiar with the diagnostic criteria for psychological disorders.
- Students will be able to identify the symptoms and features of major psychological disorders.

Instructions:

The students will be required to attempt four questions in all. Question No. I will be compulsory comprising of 5 short answer type questions of 1 mark each and will cover the entire syllabus 1X 5 = 5 marks. In addition to it, Question Nos. II to VII will consist of long answer (essay type) questions, two Questions from each Unit with internal choice carrying 10 marks each i.e. 3 X 10 = 30 marks thus making it the total weight age to 35 marks. Three questions to be attempted. One from each unit.

Unit I: Introduction of Psychopathology

Definition and Historical overview of Psychopathology; Criteria of Abnormality.
 Systems of classification: DSM-5 TR and ICD- 11

Unit-II: Models of Psychopathology

Models for conceptualization of mental disorders: Biological model, Psychoanalytic model,
 Behavioural Model: Skinner, Cognitive Model: Beck

Unit III: Anxiety Disorders, OCD related disorders and Mood disorders: Symptoms and Etiology

Anxiety Disorders: Generalized Anxiety Disorder (GAD), Panic disorder, and Phobia
 Obsessive compulsive disorder and Body Dysmorphic disorder
 Mood Disorders: Major depressive disorder and Bipolar Disorder

Suggested Readings

- Hecker, J.E. & Thorpe, G.L. (2010). Introduction to clinical psychology: Science, Practice & ethics. Pearson.
- Nietzel, M.T., Bernstein, D.A. & Milich, R. (1991). Introduction to clinical psychology (3rd ed.) New Jersey: Prentice Hall.
- Pomerantz, A.M. (2011). Clinical psychology: Science, Practice & Culture (2nd ed.) New Delhi: Sage Publications.
- Shyam, R. & Khan, A. (2009) Clinical child Psychology. Delhi: Kalpaz.

Singh, A.K. (2005). Advanced clinical psychology, Delhi: Motilal Banarasi Das.
Trull, T. J. & Phares, E. J. (2001) Clinical Psychology (6th ed.) US: Wadsworth.
Wierzbichi, M. (1999) Introduction to Clinical Psychology: Scientific foundations to clinical practice. Lodon: Allyn & Bacon.

Practical

1. Obsessive- compulsion Checklist
2. Depression Inventory
3. TAT
4. Mental Health Questionnaire
5. Anxiety Inventory
6. PGI- Memory Scale
7. Defense Mechanism Inventory

Note: Students will perform at least four practical. The examiner will allot one practical at the time of end term examination for evaluation.

Semester- 6**CC-A6 Applied Psychology (Credits 04)**

240/SOC/CC601

Maximum Marks: 100**Theory Examination: 35****Theory Internal Assessment: 15****Practical Examination: 35****Practical Internal Assessment: 15****Examination Time: 3 hrs****Course Outcomes:**

- Students will be able to define and describe the scope and significance of applied psychology in various contexts.
- Students will explore psychological approaches to promoting physical health and improving health care service
- Students will learn about the application of psychology to improve organizational effectiveness
- Students will understand the role of psychology in legal contexts

Instructions:

The students will be required to attempt four questions in all. Question No. I will be compulsory comprising of 5 short answer type questions of 1 mark each and will cover the entire syllabus $1 \times 5 = 5$ marks. In addition to it, Question Nos. II to VII will consist of long answer (essay type) questions, two Questions from each Unit with internal choice carrying 10 marks each i.e. $3 \times 10 = 30$ marks thus making it the total weight age to 35 marks. Three questions to be attempted. One from each unit.

Unit-I: Introduction

Introduction: Meaning and History of Applied Psychology; Basic and Applied Psychology, Fields of Applied psychology.

Unit-II: Counselling and Industrial Applications

Counselling Application: Skills of Counsellor, Counselling applications in Schools and career

Industrial Applications: Employee selection process, performance appraisal, sources and impact of Job satisfaction.

Unit-III Health and Legal Applications

Health Applications: Concept of health, life style and its consequences, stress and illness; coping and stress management

Legal Applications: Media and Perception about crime, eyewitness testimony, defendant characteristics and juridic decisions

Suggested Readings

Anastasi, A. (1979) Fields of Applied Psychology (2nd) U.S.A.: McGraw Hill.

Baron, R.A., Byrne, D. & Branson, N.R. (2007). Social Psychology (11th ed.) New

Delhi: Prentice Hall.

Baron, R.A., Byrne, D. & Johnson, B.T. (1998). Exploring social psychology (4th ed.) Boston: Allyn & Bacon.

Goldstein, A.P. & Krasner, L. (1989). Modern Applied Psychology. New York: Pergamum Press.

Weiten, W. and Lloyd, M.A. (2007). Psychology Applied to modern life (8th ed.) New Delhi: Thomson.

PRACTICAL

1. Stress Scale
2. Coping Styles/Wellbeing Scale
3. Life Style Schedule
4. Interest Inventory
5. Job Satisfaction
6. Counselling Need Inventory
7. Job Stress Scale

Note: Students will perform at least four practical. The examiner will allot one practical at the time of end term examination for evaluation.