

Batch 2024-25

# Syllabus

2<sup>nd</sup> Semester

**Master of Social Work**

241/msw/cc901

**Master of Social Work Semester - II Social Work with Groups**

CC-A04

Credits: 4 (Hrs./Week: 4)

**Maximum Marks: 100****Theory Examination: 70****Internal Assessment: 30****Course Outcomes:**

- Develop an understanding of Group Work as a method within social work practice
- Apply practical knowledge of tools and techniques in Group work practice
- Equip the skills to utilize different intervention models during practice in various settings

**Unit-I Understanding Social Group**

- Social Groups: Definitions, importance, and classification.
- Cultural Context and Diversity
- Group Behaviour and Social Attitudes
- Group Dynamics and Sociometry

**Unit-II Social Group Work as a Method**

- Group Work: Definition, goals, principles, and scope of group work.
- Types of Social Work Groups
- Stages of Group Work
- Models for Group Work Practice

**Unit-III Social Group Work Process and Techniques**

- Group Work Process: Steps involved in the group work process.
- Group Leadership: Types of leadership and decision-making processes in groups.
- Techniques in Group Work I: Programme planning, monitoring, and evaluation.
- Techniques in Group Work II: Group discussion, group counselling, and recording

**Unit-IV Theoretical Approaches and Application in Group Work**

- Group Therapy
- Transactional Analysis and Gestalt Therapy
- Support Groups
- Applications in Social Work Practice: Diverse populations (children, youth, women, elderly) in people in difficult circumstances. • Roles and Skills of a Group Worker

### Suggested Readings:

- Balgopal, P. R., Pathare, S., & Balgopal, M. M. (2024). *Theory and practice of social group work in Indian society*. Springer.
- Corey, M. S., Corey, G., & Corey, C. (2017). *Groups: Process and practice* (10th ed.). Cengage Learning.
- D, P. M. (2021). *Social group work: Theory and practice*. Notion Press.
- Toseland, R. W., & Rivas, R. F. (2017). *An introduction to group work practice* (8th ed.). Pearson.
- Gitterman, A., & Shulman, L. (2016). *Mutual aid groups, vulnerable and resilient populations, and the life cycle* (5th ed.). Columbia University Press.
- Garvin, C. D., Gutierrez, L. M., & Galinsky, M. J. (2016). *Handbook of social work with groups* (2nd ed.). Guilford Press.
- Yalom, I. D., & Leszcz, M. (2005). *The theory and practice of group psychotherapy* (5th ed.). Basic Books.
- Forsyth, D. R. (2018). *Group dynamics* (7th ed.). Cengage Learning.
- Brown, N., & Lent, R. W. (Eds.). (2019). *Handbook of counselling psychology* (5th ed.). John Wiley & Sons.
- Hepworth, D. H., Rooney, R. H., & Larsen, J. A. (2017). *Direct social work practice: Theory and skills* (10th ed.). Cengage Learning.
- Fisch, R., Weakland, J. H., & Segal, L. (1982). *The tactics of change: Doing therapy briefly* (2nd ed.). Jossey-Bass.
- Brown, D., Pryzwansky, W. B., & Schulte, A. C. (Eds.). (2017). *Psychological consultation and collaboration: Introduction to theory and practice* (8th ed.). Pearson.
- Corey, G., Corey, M. S., & Corey, C. (2018). *Groups in action: Evolution and challenges* (2nd ed.). Cengage Learning.
- Shulman, L. (2015). *The skills of helping individuals, families, groups, and communities* (8th ed.). Cengage Learning.
- Winston, A. S., & Packer, D. J. (2016). *Handbook of social psychology* (5th ed.). Oxford University Press.
- Konopka, G. (1963). *Social group work: A helping process*. Englewood Cliffs, NJ: PrenticeHall.
- Trecker, H. B. (1972). *Social group work: Principles and practices*. New York: Association Press.
- Crawford, K., Price, M., & Price, B. (2014). *Group work practice for social workers*. London: Sage.

### Journals

Social Work with Groups – A Journal of Community and Clinical Practice, Taylor and Francis Online <https://www.tandfonline.com/journals/wswg20>

Association for Specialists in Group Work: Best Practice Guidelines 2007. Available at <http://www.ncbi.nlm.nih.gov/books/NBK64212/>



241/MSW/CC202

**Master of Social Work Semester - II Community Practice in Social Work**

**CC-A05**

**Credits: 4 (Hrs./Week: 4)**

**Maximum Marks: 100**  
**Theory Examination: 70**  
**Internal Assessment: 30**

**Course Outcomes:**

- Understand the concept and dynamics of community for Social Work Practice
- Recognize and understand the various social and cultural factors influencing community practice.
- Acquire knowledge of various theoretical models guiding community practice. •  
Apply acquired knowledge and skills to effectively engage in community

**Unit-I**

**Introduction to Community • Understanding**

Community: Meaning, Concept, Definition and Characteristics, Community as place, space, interest, symbols, shared heritage, and sentiments.

- Rural, Urban and Tribal Communities
- New and Emerging forms of communities

**Unit-II**

**Introduction to Community Practice**

- Community Practice: Concept, Definition and Scope
- History and Evolution of Community Practice
- Theoretical Perspective on Community Practice
- Principles of Community Practice

**Unit-III Community Practice Process**

- Steps in Community Practice
- Analysis of Community Needs: Identification of Resources and Challenges.
- Engagement with communities, Organizing and Mobilizing Communities
- Intervention tools community profiling, PLA, and LFA
- Problem Analysis, Stakeholder Analysis, Force Field Analysis and Strategic Planning

**Unit-IV**

**Community Practice Models and Skills**

- Indigenous Approaches
- Models of Community Practice
- Consensus and Conflict Approaches
- Understanding Community-Based Organizations
- Skills for Practitioners

### **Suggested Readings:**

- Bauman, Z. (2001). *Community: Seeking safety in an insecure world*. Polity Press.
- Cohen, A. P. (1985). *Symbolic construction of community*. Tavistock Publications and Ellis Horwood Limited.
- Cox, F., & Pawar, M. (2018). *International community development: Practice, policy and research*. Routledge.
- Etzioni, A. (1995). *The spirit of community: Rights, responsibility and the communitarian agenda*. Fontana Press.
- Forde, C., & Lynch, D. (2013). *Social work and community development: A critical practice perspective*. Macmillan Palgrave.
- Freire, P. (1972). *Pedagogy of the oppressed*. Penguin.
- Gamble, D. N., & Weil, M. (2010). *Community practice skills: Local to global perspectives*. Columbia University Press.
- George, S. (2017). *Community organization and development practice in India*. Rawat Publications.
- Gangrade, K. D. (2001). *Working with community at the grassroots level: Strategies and programmes*. Radha Publications.
- Hardcastle, D. A., Powers, P. R., & Wenocur, S. (2004). *Community practice: Theories and skills for social workers*. Oxford University Press.
- Hardina, D. (2002). *Analytical skills for community organization practice*. Columbia University Press.
- Ife, J. (2013). *Community development in an uncertain world: Vision, analysis and practice*. Cambridge University Press.
- Jacob, R. K. (2023). *Models of community organization: For social work practice*. Notion Press.
- Joseph, S. (2016). *Community organization in social work*. Discovery Publishing House Pvt Limited.
- Kirst-Ashman, K. K., & Hull, G. H. (2018). *Understanding generalist practice*. Nelson Education.
- Ledwith, M. (2013). *Community development: A critical approach (2nd ed.)*. Policy Press.
- Ledwith, M., & Springett, J. (2010). *Participatory practice: Community-based action for transformative change*. The Policy Press.
- McKnight, J., & Plummer, J. M. (2014). *Community organizing: Theory and practice (Advancing core competencies)*. Pearson.
- Palmer, S. D. (Ed.). (2011). *Social work and community practice*. Routledge.
- Pawar, M. (2010). *Community development in Asia and the Pacific*. Routledge.
- Pople, K. (2015). *Analysing community work: Theory and practice*. Open University Press.
- Ross, M. G. (1967). *Community organisation: Theory, principles and practice*. Harper and Row.
- Somerville, P. (2016). *Understanding community: Politics, policy and practice (2nd ed.)*. Polity Press and Social Policy Association.



Stepney, P., & Popple, K. (2008). *Social work and the community: A critical context for practice*. Palgrave Macmillan.

Weil, M. (1996). *Community practice: Conceptual models*. The Haworth Press Inc.

Weil, M., Reisch, M., & Ohmer, M. L. (2013). *The handbook of community practice* (2nd ed.). Sage.

**Journals**

The International Journal of Community and Social Development- Published by Sage  
<https://journals.sagepub.com/doi/abs/10.1177/25166026211050746>



24/MSW/DS204

**Master of Social Work Semester - II Social Work Practice with ZDiverse Population**

**DSE-02 (1)**

**Credits: 3 (Hrs./Week: 3)**

**Maximum Marks: 75**

**Theory Examination: 50**

**Internal Assessment: 25**

**Course Outcomes:**

- Develop competence to effectively work with women, children, the elderly, and persons with disabilities
- Conduct sensitive assessments and design appropriate interventions for marginalised groups
- Advocate for the rights and well-being of women, children, the elderly, and persons with disabilities.

**Unit-I Social Work Practice with Women**

- Concept of Gender and Inequality
- Violence against women
- Women's Rights, Policies and Programmes for Women
- Role of Social Worker: Advocacy and Empowerment

**Unit-II Social Work Practice with Children**

- Child Development Theories
- Special Needs of Children, Child Abuse and Neglect
- Rights of Children, Policies and Programmes for Children
- Working with Family, Schools and Community

**Unit-II**

**Social Work Practice with the Elderly and Persons with Disabilities**

- Understanding Aging: Theories and Perspectives
- Needs and Challenges: Elder Abuse and Neglect
- Policies, Legal Framework and Programs
- Role of Social Workers

**Unit-III**

**Social Work Practice with Persons with Disabilities**

- Disability: Concept, Definitions, Nature and Approaches to understand disability • Disability Issues, Problems and Responses
- Policy, Legal Framework, Services and Programmes
- Empowerment and Advocacy

### Suggested Readings:

- Albrecht, G. L., Seelman, K. D., & Bury, M. (Eds.). (2001). *Handbook of disability studies*. SAGE Publications.
- Banerjee, G. (2001). *Legal rights of persons with disability*. RCI.
- Bajpai, A. (2003). *Child rights in India: Law, policy and practice*. Oxford University Press.
- Bajpai, A. (2017). *Child rights in India: Law, policy & practice*. Oxford University Press.
- Desai, M. (2020). *Rights-based integrated child protection service delivery systems: Secondary and tertiary prevention*. Routledge.
- Desai, M. (Ed.). (2021). *Child-centred social work in India: Journeys and the way forward*. Routledge.
- Desai, M., & Raju, S. (2000). *Gerontological social work in India: Some issues & perspectives*. SAGE Publications.
- Davies, M. (2012). *Social work with children and families*. Palgrave Macmillan.
- Fleischer, D. Z., & Zames, F. (2001). *The disability rights movement: From charity to confrontation*. Temple University Press.
- Gurung, S. (Ed.). (2022). *Understanding social work: A practical approach*. SAGE Publications.
- Kannabiran, K. (2013). *Women and law: Critical feminist perspectives*. SAGE Publications.
- Kumar, R. (1993). *History of doing: An illustrated account of movement for women's rights and feminism in India 1800-1990*. Kali for Women.
- Kumari, V., & Brooks, S. L. (2004). *Creative child advocacy: Global perspectives*. Sage Publications.
- Liebig, P. S., & Rajan, S. I. (Eds.). (2003). *An aging India: Perspectives, prospects, and policies* (1st ed.). SAGE Publications.
- Noble, C., Baines, D., Muñoz-Arce, G., Harms-Smith, L., & Rasool, S. (Eds.). (2024). *The Routledge international handbook of feminisms in social work*. Routledge.
- Omvedt, G. (1990). *Violence against women: New movements and new theories in India*. Kali for Women.
- Paltasingh, T., & Tyagi, R. (Eds.). (2015). *Caring for the elderly: Social gerontology in Indian context*. SAGE Publications.
- Patel, A. K., & Dubey, M. V. (2010). *Women and social work*. Commonwealth Publishers.
- Unwin, P., & Hogg, R. (2012). *Effective social work with children and families: A skills handbook*. SAGE Publications.
- Wendt, S., & Nicole, M. (2016). *Contemporary feminisms in social work practice*. Routledge.
- Wickramasinghe, M. (2014). *Feminist research methodology*. Zubaan.



241/MSW/DS205

## Master of Social Work Semester - II Social Work and Disaster Management

DSE-02 (2)

Credits: 3 (Hrs./Week: 3)

Maximum Marks: 75

Theory Examination: 50

Internal Assessment: 25

### Course Outcomes :

- Gain an understanding of disasters and disaster management and the role of social workers
- in it.
- Utilize social work knowledge and skills to aid in the rebuilding of communities and societies impacted by disasters
- Design and implement interventions tailored to vulnerable groups.
- Organize and participate in community pre-disaster planning and management activities

### Unit-I Conceptual Understanding

- Disaster-related Concepts and Definitions: Hazard, risk, vulnerability, resilience, and disaster
- Types of Disasters: Natural (earthquakes, floods, hurricanes) and Man-made (industrial accidents, terrorism).
- Impact of Disasters: Physical, economic, political, psychosocial, and ecological impacts • Vulnerabilities and risk assessment

### Unit-II Disaster Governance

- Disaster Management Cycle: Mitigation, Preparedness, Response, Recovery.
- National and International Frameworks: Sendai Framework National Disaster Management Policies, and Acts.
- Administrative and institutional structure for disaster management, Techno-legal framework

### Unit-III Preparedness and Community-Based Interventions

- Community-Based Disaster Preparedness (CBDP)
- Disaster Risk Reduction
- Early Warning System
- Community-Based Management

### Unit-IV

#### Recovery, Rehabilitation, and Psychosocial Care

- Post Disaster Recovery: Principles for effective recovery and rehabilitation, Strategies for rebuilding communities and infrastructure.

- Rehabilitation Interventions: Economic and social recovery efforts, Livelihood security and social justice in recovery and reconstruction
- Psycho-Social Support: Mental health consequences of disasters (grief, PTSD), PsychoSocial Care and Counselling
- Specific needs of vulnerable groups: children, women, older persons, and persons with disabilities, Post-trauma care and social care for orphans and destitute individuals.

### **Suggested Readings:**

Zakour, M., & Gillespie, D. F. (2013). Community disaster vulnerability theory, research, and practice. Springer.

Gillespie, D. F., & Danso, K. (2010). Disaster concepts and issues: A guide for social work education and practice. Council on Social Work Education.

Parasuraman, S., & Krishnan, U. (Eds.). (2013). India disasters report II: Redefining disasters. Oxford University Press.

Shaw, R. (2012). Community-based disaster risk reduction. Emerald Books.

Pal, I., & Shaw, R. (Eds.). (2017). Disaster risk governance in India and cross-cutting issues. Springer.

Miller, M. (2012). Psychosocial capacity building in response to disasters. Columbia University Press.

Bankoff, G., Frerks, G., & Hilhorst, D. (Eds.). (2004). Mapping vulnerability: Disasters, development, and people. Earthscan.

Dass-Brailsford, P. (2009). Crisis and disaster counseling: Lessons learned from Hurricane Katrina and other disasters. Sage Publishing.

López-Carresi, A., Fordham, M., & Wisner, B. (2013). Disaster management: International lessons in risk reduction, response, and recovery. Routledge.

Kelman, I., Mercer, J., & Gaillard, J. (2017). The Routledge handbook of disaster risk reduction including climate change adaptation. Routledge.

Jones, L., & Cookson, T. (2022). New directions in disaster management: Social work perspectives. Routledge.

Walker, P., & Hein, K. (2020). Humanitarian principles and practice: The crisis in context. Springer.

241/MSW/DS206

**Master of Social Work Semester - II Social Work Practice in Mental Health**

**DSE-02 (3)**

**Credits: 3 (Hrs./Week: 3)**

**Maximum Marks: 75**

**Theory Examination: 50**

**Internal Assessment: 25**

**Course Outcomes:**

- Recognize mental health as a positive concept and a vital aspect of life
- Analyze and evaluate mental health and mental illness concepts about human rights and social justice.
- Develop the attitudes, values, knowledge, and skills needed to work with individuals, families, and small groups in mental health settings.

**Unit-I Understanding Mental Health**

- Concept of Mental Health
- Human rights perspective
- Models of mental health
- Socio-cultural determinants

**Unit-II**

**Classification, Epidemiology, and Manifestations of Mental Disorders**

- Normal and abnormal behavior
- Concept of mental disorders
- Broad classification of mental disorders (DSM-5 and ICD-11)
- Common mental disorders: Anxiety disorders, OCD, ADHD
- Severe mental disorders: Schizophrenia, depression, bipolar disorder

**Unit-III Mental Health Care Scenario**

- Mental healthcare in India
- Mental health policy programs and legislation
- Community mental health
- Mental health in educational institutions and workplaces

## Unit-IV

### Social Work Interventions in Mental Health

- Theoretical perspectives in mental health social work
- Practice in institutional and non-institutional settings
- Psychosocial rehabilitation
- Skills in mental health social work: Assessments and interventions

#### Readings:

- Taylor, L.E. (2010). *Mental Health in Social Work: A Casebook on Diagnosis and StrengthsBased Assessment*. Boston: Pearson.
- Steen, M., & Thomas, M. (2016). *Mental Health Across the Lifespan*. New York: Routledge.
- Butcher, J. N., Hooley, J. M., & Mineka, S. M. (2017). *Abnormal Psychology and Modern Life*. New Delhi: Pearson Education.
- Coppock, V., & Dunn, B. (2010). *Understanding Social Work Practice in Mental Health*. Los Angeles/London/New Delhi: Sage.
- Ramsden, P. (2013). *Understanding Abnormal Psychology: Clinical and Biological Perspectives*. Sage.
- Bhugra, D., Tse, S., & Roger, N. G. (2015). *Handbook of Psychiatry in Asia*. London and New York: Routledge.
- Sutherland, J. D. (ed.) (2003). *Towards Community Mental Health*. London: Routledge.
- Callicutt, J. W., & Lecca, P. J. (eds.) (1983). *Social Work and Mental Health*. New York: The Free Press.
- Patel, V., & Thara, R. (2002). *Meeting the Mental Health Needs of Developing Countries: NGO Innovations in India*. New Delhi: Sage Publications.
- Francis, A. (2014). *Social Work in Mental Health: Contexts and Theories for Practice*. Sage.
- Rosenberg, J., & Rosenberg, S. (Eds.) (2018). *Community Mental Health: Challenges for the 21st Century*. New York: Routledge.
- King, R., Lloyd, C., & Meehan, T. (2007). *Handbook of Psychosocial Rehabilitation*. Oxford, UK: Blackwell Publishing.
- Caplan, G. (2011). *An Approach to Community Mental Health*. Routledge.
- Chavan, B. S., Gupta, N., Sidana, A., Priti, A., & Jadav, S. (2013). *Community Mental Health in India*. New Delhi: Jaypee Brothers Medical Pub.
- Thornicroft, G., Szmukler, G., Mueser, K. T., & Drake, R. E. (2011). *Oxford Textbook of Community Mental Health*. New York: Oxford.