# NEP AND Learning Outcome-based Curriculum Framework (LOCF)

For

# **Post Graduate Program**

# **Master of Science**

(To be effective from the Academic Session 2022-23)



# Department of Psychology

Gurugram University, Gurugram

(A State University established by Govt. of Haryana Act No. 17 of 2017)

#### **GURUGRAM UNIVERSITY, GURUGRAM**

(A State University established by Govt. of Haryana Act No. 17 of 2017)

#### Study & Evaluation Scheme of M.Sc. Psychology

#### **Summary**

**Programme:** M.Sc. Psychology

**Duration:** Two year full time (FourSemester)

Medium: English/Hindi

Minimum Requirement of Attendance: 75% Total Credits: 104

#### Assessment of Student's Performance and Scheme of Examination:

- 1. English and Hindi shall be the medium of instruction and examination.
- 2. Examination shall be conducted at the end of each Semester as per the Academic Calendar notified by the Gurugram University.

## 3. The system of Evaluation shall be as follows:

Assessment of students' performance shall be based on the 70: 30 criteria. 70 marks shall befor the end point examination and 30 marks shall be for internal assessment. For Skill Enhancement, Ability Enhancement and Value Addition Courses (50 marks paper) the examination will be for 35 marks and Internal Assessment for 15 marks.

For Practical Examination 70 marks will be based on practical report and 30 marks will be based on viva-voce.

There will be an Internship Training of one month at VIMHANS in the III Semester. The purpose will be to foster skills through hands on training required for delivering of various services of psychological nature in various societal settings. Students will be exposed to the academic and clinical aspect of internship training in the OPD and IPD OF VIMHANS hospital. Students will submit a detailed report about the Internship Training done in the third semester. The report will carry a weightage of 100 Marks, out of which 70 Marks will be for report and 30 Marks will be for viva-voce which will be conducted by an external expert at the end of the semester.

Semester IV shall consist of 2 core courses and 1 compulsory Practicum paper. Besides that students need to select two courses from either of the two specialisation areas incorporated in the fourth semester.

Under the Ability Enhancement Course students will have to submit a dissertation at the end of the fourth semester. It will carry a weightage of 6 credits and 150 marks. Assessment of the Dissertation in the fourth semester shall be done on the basis of the

report of Dissertation (100marks) and viva-voce (50 Marks) held by the University appointed External Examiner and Internal Examiner.

#### **Assessment Evaluation**

Internal	Major Test (End Semester Exam)	Total
Marks	Marks	Marks
30	70	100

#### **Internal Evaluation**

Minor Test	Attendance	Assignment/ Presentation	Total Marks
10	10	10	30

#### **Duration of Examination**

Major Test(End Semester Exam)	Internal (Minor Test)
3 hrs.	1½ hrs.

# **Question Paper Structure**

There shall be nine questions in all. Question no. 1 shall be compulsory, consisting of eight short answer type questions covering the entire syllabus. Two questions will be asked from each unit. Student will have to attempt one question from each unit. Each question shall carry equal marks. For Psychometrics and Research Methodology papers there shall be one numerical question in each unit and use of non-programmable calculator shall be allowed.

# **Programme Outcomes M.Sc. Psychology**

- PO 1: Students will obtain an excellent education in the broad field of psychology and learn the communication and critical thinking abilities needed of someone with a graduate-level scientific background.
- PO 2: Students are exposed to advanced, active learning opportunities in psychology that combine research and clinical application.
- PO 3: Post-Graduates are prepared to enter clinical psychology occupations and/or pursue doctoral studies in psychology or allied professions/academic areas.
- PO 4: Encourage students to enhance their in-depth knowledge of various domains of psychology and inculcate an ethical approach to research.
- PO 5: To provide field exposure to the students to enhance their ground understanding of the subject.

## Programme Specific Outcomes M.Sc. Psychology

- PSO 1: To establish a theoretical framework for study in psychology that is in step with current developments in the field.
- PSO 2: To empower students with Professional training in field of Clinical Psychology.
- PSO 3: To empower students to approach problems creatively, empirically, and ethically programme that integrates the conceptual toolkit and research methodologies from the quantitative and qualitative traditions.
- PSO 4: To give students the chance to apply what they have learned in the classroom to real-world situations in order to foster a positive dialogue between academia and society.
- PSO 5: To facilitate the development of a skilled manpower with the necessary skills to provide services in primary healthcare settings, corporations, and other settings, such as schools.
- PSO 6:Through the Social Outreach Program, psychology students can learn to be more understanding, sympathetic, and empathic towards others, to work in a team and to build leadership skills, to embrace and appreciate individual differences and to work with responsibility and commitment.

# GURUGRAM UNIVERSITY, GURUGRAM

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Study & Evaluation Scheme of M.Sc. Psychology

Course	Course Title	Course	Credit		it	Total	Examination Scheme			Total
Code		ID	L	T	P		Theory	Internal	Practical	
Core Cours	se(S)		1	1	1				I	
CC101	Foundations of Psychology		4	0	0	4	70	30	-	100
CC102	Research Methodology -I		4	0	0	4	70	30	-	100
CC103	Biopsychology		4	0	0	4	70	30	-	100
CC104	Practical		0	0	4	4	-	-	100	100
General El	ective Course(S)									
GEC105 (One from Pool of Courses)	Emotions in Everyday Life/ One from list provided by the University (offered by the departments)		4	0	0	4	70	30	-	100
Ability Enh	nancement Course(S)									
AEC106 (One from Pool of Courses)	Communication Skills		2	0	0	2	35	15	-	50
Skill Enhar	ncement Course(S)									
SEC107 (One from Pool of Courses)	107(A) Innovative Thinking & Positivity  107(B) Positive Psychology		2	0	0	2	35	15	-	50
Total Credits						24				600

Course	Course Title	Course	Credit		it	Total	<b>Examination Scheme</b>			Total
Code		ID	L	Т	P		Theory	Internal	Practical	
Core Cours	Core Course(S)									
CC201	Cognitive Psychology		4	0	0	4	70	30	-	100
CC202	Research Methodology-II		4	0	0	4	70	30	-	100
CC203	Social Psychology		4	0	0	4	70	30	-	100
CC204	Practical		0	0	4	4	-	-	100	100
Discipline S	Specific Course(S)			'	•				1	
GE205	Stress, Health & Coping		4	0	0	4	70	30	-	100
Ability Enl	nancement Course(S)	ı		1						
AEC206 (One from Pool of Courses)	Environmental Awareness		2	0	0	2	35	15	-	50
Skill Enhai	ncement Course(S)	ı				•	1		1	
SEC207 (One from Pool of Courses)	Information Technology (IT)		2	0	0	2	35	15	-	50
Value Addi	ition Course(S)									
VAC208 (One from Pool of Courses)	Library Review/One from the University List/MOOC		2	0	0	2	35	15	-	50
Total Credits						26				650

Course	Course Title	Course	Cre	edit		Total	<b>Examination Scheme</b>			Total
Code		ID	L	Т	P		Theory	Internal	Practical	
Core Course	e(S)	ı			1	1	I		1	I
CC301	Advanced Cognitive Processes		4	0	0	4	70	30	-	100
CC302	Psychometrics		4	0	0	4	70	30	-	100
CC303	Psychopathology & Psycho Diagnostics		4	0	0	4	70	30	-	100
CC304	Practical		0	0	4	4	-	-	100	100
Discipline S	pecific Course(S)									
DSC 305 (One from Pool of Courses)	Vulnerabilities of Contemporary Indian Society		4	0	0	4	70	30	-	100
General Ele	ctive Course (S)	•				•				
GE 306	Self, Globalization and Society /One from the University List (offered by other department)		0	0	2	2	35	15	-	50
Skill Enhan	cement Course(S)/Internship.	/Apprent	icesh	ip/P	rojec	t/Comm	unity Ou	treach	•	
SEC307	One Month Internship Training at VIMHANS		0	0	4	4	-	-	100	100
Value Addit	ion Course(S)									
VAC 308 (One from Pool of Courses)	Climate Change/ One from the University List/MOOC		0	0	2	2	35	15	-	50
Total Credits						28				700

Course Code	Course Title		Course ID	Cre	dit		Total	Examination Scheme			Total
				L	T	P		Theory	Internal	Practical	
Core Course(	S)				1	1				1	
CC401	Neuro	Psychology		4	0	0	4	70	30	-	100
CC 402	Devel	opmental Psychology		4	0	0	4	70	30	-	100
CC403	Praction			4	0	0	4	-	-	100	100
Discipline S	pecific (	Course(S)									
DSE Choose any two from the pool of each specialisatio n courses	(A) 404 405 406	Specialization: Clinical Clinical Psychology Forensic Psychology & Criminal Psychology Psycho Diagnostics		4	0	0	4	70	30	-	100
	407 408 (B)	Basics of Guidance & Counselling Techniques of Guidance and Counselling  Specialization: Industrial		4	0	0	4	70	30	-	100
	409 410 411 412 413	Organization change and Development Human Resource Management Coaching and Mentoring at workplace Training and Consulting in Organisation Institutions and entrepreneurship									
Ability Enha	anceme	nt Course(S)/Dissertation	n/Interns	hip/A	cade	mic	project	/Entrepr	eneurship	•	
AEC 413	Disser	<u> </u>		-	-	6	6	-	-	150	150
Total Credits							26				650

# **DETAILS OF COURSES**

	After 2 Years					
	No of Courses	No of credits per course	Total no of credits			
Core Courses	11	4	44			
Practical	4	4	16			
DSEC	1+1+2=4	4+4+8	16			
GEC	1+1=2	4+2	6			
AEC	1+1+1=3	2+2+6	2+2+6=10			
SEC	1+1+2=4	2+2+4	2+2+4=8			
VAC	1+1=2	2+2	4			
Total	30	36	104			

# M.Sc. Psychology Semester - I

CC101 Foundations of Psychology

Credits: 4 (Hrs./week:4)

Maximum Marks: 100 Theory Examination: 70 Internal Assessment: 30

Time: 3 hrs.

# **Course Objectives:**

- To familiarize the students with historical developments in Psychology
- To impart a fundamental knowledge of classical theories and approaches in psychology
- To acquaint the students with theoretical viewpoints of learning, motivation and emotion
- To provide knowledge of theoretical perspectives of Intelligence

#### **Course outcomes:**

- Students would gain theoretical knowledge of historical developments as well as working knowledge of different perspectives in psychology
- Students would attain theoretical knowledge of basis of learning
- Students would achieve theoretical knowledge of basics of motivation and emotions
- Students would gain the knowledge of application of various intelligence theories

#### Unit-I

Psychology as a Science: Field and Scope of Contemporary Psychology

Pre-Scientific Psychology: Emergence of Psychology as Science of Behavior (Contemporary Psychology)

Schools of Psychology: Structuralism, Behaviorism, Gestalt Psychology

#### **Unit-II**

Psychoanalysis: Freudian (Freud, Jung, Adler)

Neo-Freudian (Erik Erikson, Harry S. Sullivan, Karen Horney and Erich Fromm),

Humanistic-Existential Psychology (Carl Rogers, Abraham Maslow, Victor Frankl, Rollo May)

# Unit-III

Learning: concept, classical theories of learning: Hull, Miller-Dollard, Tolman

Motivation: Meaning, Nature and Basic Concepts, Theories: Drive-Reduction Theory, Intrinsic Theory, Hertzberg's Two Factor Theory, McClelland Theory of Needs.

Emotion: Meaning and Theories of Emotions, James-Lange, Canon-Bard, Schachter-Singer, Cognitive Appraisal Theory,

#### Unit- IV

Intelligence: concept, factorial theories of intelligence: Spearman, Thurston, Guilford and Cattell, Multiple Intelligence (Gardner), Triarchic Theory of intelligence (Sternberg), Biological and Environmental basis of intelligence, emotional intelligence, Das-PASS, Jension level 1 and 2 abilities

- 1. Leahey, T.H. (1987) A History of Psychology, U.S.A.: Prentice Hall International.
- 2. Chaplin, J.P. and Krawiec, T.S. (1968). Systems and theories of psychology. New York: Holt, Rinehart and Winston.
- 3. Singh, A.k. (2013). The comprehensive History of Psychology (6th ed) .New Delhi: MLBD.
- 4. Wolman, B.B. (1960). Contemporary theories and systems in psychology, New Delhi: Freeman Book Company
- 5. Brenman, J. F. (2004). History and Systems of Psychology (6th Ed). Delhi. Pearson Pub.
- 6. Cornelissen, M; Mishra, G &Verma, S. (2013) Foundations of Indian Psychology. New Delhi; Pearson Education.
- 7. Dalal, A.K. &Mishra, G (Ed). New Direction in Indian Psychology, vol-1, New Delhi: SAGE Publication.
- 8. Goleman, D. (1996) Emotional Intelligence, New York. Bantan Books.
- 9. Hall, C &Lindzey, G. (1978). Theories of Personality, New York: John Willey & Sons.
- 10. HillGard, E.R. & Bower, G.H. (1975). Theories of Learning. New Jersey; Prentice Hall
- 11. Leahey, T.H. (1987) A History of Psychology, U.S.A.: Prentice Hall International.
- 12. Schultz, D. and Schultz, S. (2000). A History of Modern Psychology. U.S.A.: Harcourt Brace & Co.
- 13. Shiraev, E. (2015). A History of Psychology- A Global Perspective. New Delhi. SAGE Publication Ltd.
- 14. Morgan, C.T., King, R.A., Weisz, J.R. &Schopler, J. (2004). Introduction to Psychology (7th ed), Mcgraw Hill.
- 15. Robert, A. Baron and Misra G (2017). Psychology Indian Subcontinent Edition. . Pearsons India Education services Pvt. Ltd.
- 16. Atkinson & Hilgard's. Introduction to Psychology (16th ed). Cengage Learning EMEA.
- 17. Burger, J. M. (2004). Personality (6th Ed.). USA: Thomson Wadsworth.
- 18. Carver, C. S.,&Scheier M.F. (1996). Perspectives on Personality. Boston :Allyn and Bacon.
- 19. Ciccarelli, S.K and White, N. Adopted Misra, G.(2019). Psychology. Pearsons India Education services Pvt. Ltd

# M.Sc. - Psychology Semester- I

CC 102 Research Methology-1 Credits: 4 (Hrs./week: 4)

Maximum Marks: 100 Theory Examination: 70 Internal Assessment: 30 Max. Time: 3 hrs.

# **Course Objectives:**

- Students should be able to understand the nature, type and methodology of research in Psychology.
- To impart the knowledge of sampling techniques and Parametric and non-parametric tests.
- Acquaint the students with nature and application of Normal Probability Curve (NPC) sampling procedures.
- Teaching computation techniques of Correlation analysis.

#### **Course Outcomes:**

- Students would be acquainted with basics of research in Psychology.
- Students would gain the potential knowledge of sampling techniques and Parametric and nonparametric tests.
- Students would be able to apply their knowledge of applications of NPC and sampling procedures.
- Students would demonstrate knowledge of computation of correlation and would gain an understanding regarding specific techniques utilized in analyzing various information with the help of statistical methods.

# Unit-I

Research: Nature and Approach, Univariate v/s Multivariate Approach, Problem: Characteristics, formulation, Sources of research problem. Hypothesis: Nature and Characteristics of Hypothesis, Types, Errors and formulation of Hypothesis. Variables: Types and Control of extraneous variables.

Measures of Central Tendency (Mean, Median, Mode), Normal Probability Curve (NPC): Characteristics and Applications of NPC, Skewness and Kurtosis. Quartiles and Percentiles.

#### **Unit-II**

Measures of variability (Range, Quartile deviation, Average Deviation, Standard Deviation). Sampling: meaning, principles, purpose, types

Methods of probability and non-probability sampling. Ethical issues in data collection.

# **Unit-III**

Types of Research: Experimental, Quasi experimental design: Types and analysis, Expost-Facto, Field studies, Survey research, Case study.

#### **Unit-IV**

Reliability: Basic concept, Types, Methods of estimate, Factors affecting reliability.

Validity: Meaning, Types, Purpose.

Validation procedure: Types and purpose. Special problems of reliability and validity.

- 1. Aggarwal, Y.P. Statistical Methods Concepts, Applications and Computation. New Delhi: Sterling Publications Pvt. Ltd.
- 2. Aron, A., Aron, E.N. and Coups, E.J. (2007) Statistics for Psychology. Delhi: Pearson Education.
- 3. Broota, K.D. (1992) Experimental Designs in Behavioral Research. New Delhi: Willey Eastem.
- 4. Evans, A. N. & Rooney, B. J. (2011). Methods in psychological research, 2nd edition. New Delhi, Sage publications. Garrett, H.E. (2005-12th Indian Reprint)
- 5. Statistics in Psychology and Education. Delhi: Paragon International Publishers.
- 6. Gavin, H. (2008). Understanding research h methods and statistics in psychology. New Delhi, Sage publications.
- 7. Gliner, J. A., Morgan, G. A. & Leech, N. L. (2009). Research methods in applied settings: An integrated approach to design and analysis, 2nd edition. New York, USA, Routledge.
- 8. Guthrie, G. (2010). Basic research methods: An entry to social science research. New Delhi, Sage publications.
- 9. Helode, R. D. (2012). Basics of research in behavioral sciences. Wardha, Psychoscan.
- 10. Howitt, D and Cramer, D (2000) An Introduction to statistics in Psychology. London: Pearson Education.
- 11. Husain, A. (2012). Psychological testing. New Delhi, Pearson publications.
- 12. Kerlinger, N. (1996). Foundation of Behavioral Research. India. Prentice Hall.
- 13. Kothari, C.R. Research Methodology. New Delhi. Willy Eastern Ltd.
- 14. Kumar, R. (2006). Research Methodology. New Delhi: Dorling Kingsley.
- 15. McGuigan, F.J. (1990). Experimental Psychology. A Methodological Approach. New York: Printice Hall.
- 16. Minium, E.W, King, B.M. and Bears, G. (1993) Statistical Reasoning in Psychology and Education. New York: John-Wiley & Sons Inc.
- 17. Mitchell, M. L. & Jalley J. M. (2010). Research design Explained, 7th edition. Belmont, USA, Wodsworth, Wodsworthcengage learning.
- 18. Sharma, R. A. (2015). Essential of Scientific Behavior Research. VinayRakheja c/o Lall Book Depot, Begum Bridge Road, Meerut.
- 19. Weathington, B. L., Cunningham, C. J. L. &Pittenger, D. J. (2010). Research methods for behavioral and social sciences. Hoboken, New Jersey, Wiley publications.
- 20. Garrett, H.E. (1967). Statistics in Psychology and Education. Bombay: Vakils, Feffer and Simons Pvt. Ltd.

# M.Sc. – Psychology Semester- I

CC 103 Biopsychology Credits: 4 (Hrs/week:4)

Maximum Marks: 100 Theory Examination: 70 Internal Assessment: 30 Max. Time: 3 hrs.

# Course Objectives:

- Familiarization with the basic divisions of Biopsychology.
- Students should be able to understand the types of Neurons and Neurotransmitters.
- Acquaint the students with the structure and functions of NervousSystem.
- Students should be able to understand the knowledge of physiological mechanisms of Sensory Systems: Vision and Audition.

#### Course Outcomes:

- Students would gain knowledge of basic divisions of Biopsychology.
- Students would gain knowledge of types of Neurons and Neurotransmitters.
- Students would understand the structure and functions of Nervous System.
- Students would attain the knowledge of physiological mechanisms of Vision and Audition.

#### Unit-I

Biopsychology: Nature, Divisions, Scope of Biopsychology.

Neuron: Structure, Types and Functions.

Nerve Impulse, Transmission of Nerve Impulse, Synaptic Conduction

#### Unit-II

Neurochemistry: Neurotransmitters and Neural Networks

Endocrine System: Glands and Hormones

Sensory System: Taste and Touch

#### **Unit-III**

#### Sensory Systems:

Auditory Processes: Auditory Structure and Stimulus, Auditory Theories: Volley Principle and Place theory of Bekesy.

Brain asymmetry in hearing; Auditory space perception; Noise induced hearing loss.

Visual Processes: Visual Structure and Stimulus; Theories of Visual Perception: Duplicity Theory, Young-Helmholtz Theory and Retinex.

#### **Unit-IV**

Organization of Nervous System:

Division of Nervous System; Neuropsychological Localization of Brain Dysfunction.

Hemispheres of Neocortex; Lateralization of Functions.

Handedness and Cerebral Dominance; Split Brain Studies of Sperry and Gazanniga.

- 1. Bolles, F., & Grafman, J. (1988). Handbook of Neuropsychology. New York: Elsevier.
- 2. Carlson, Neil R. (2005) Foundations of Physiological Psychology, 6th ed.Pearson Education and Dorling Kindersley (India): NewDelhi.
- 3. Dimond, S.J. (1980). Neuropsychology: A textbook of systems andpsychological
- 4. Filskov, S.B., & Boll, T.J., (1981). Handbook of Clinical Neuropsychology.New York: JohnWiley.
- 5. Freeman, W.H. Walsh, K. (1994). Neuropsychology: A Clinical Approach.New functions of the human brain. Butter worths: London-Boston.
- 6. Gazzaniga, M.S. Lvry, R.B. and Mangun, G.R.(2002) Cognitive Neuroscience: The Biology of the mind 2nd Edition. New York: W.W. Norton & Company, Inc.
- 7. Goldstein, G., &Hersen, M. (1984). Handbook of Psychological Assessment.NewYork:Pergamon.
- 8. Graham, R.B. (1990) Physiological Psychology. California: Wadsworth.
- 9. Hersen, M., Kazdin, A.E., &Bellack A.S. (1991). The Clinical Psychology Handbook . New York: Pergamon.
- 10. Jarvis, P.E., & Jeffery, T. Barth (1994). Halstead- Reitan Neuropsychological Test Battery: A Guide to Interpretation and Clinical Application. Aorida: Psychology Assessment ResourcesInc.
- 11. Kalat, J.N. (2001) Biological Psychology. California: Wadsworth.
- 12. Kolb, B., & Whisaw, I.Q. (1990). Fundamentals of Human Neuropsychology. New York:
- 13. Levinthal, C.R. (1991) Introduction to Physiological Psychology. NewJersey: PrenticeHall.
- 14. Rosenzweig, M.R., Liemen, A.L. and Breed love, S.M. (1999) Biological Psychology: An Introduction to Behavioural, Cognitive and ClinicalNeuro Science. 2nd edition Massachusetts:Sinauer.
- 15. Singh, I.B. (1982) A Text Book of Human Neuroanatomy. Delhi:Vikas.
- 16. Zillmer, E.A., Spiers M. V.,& Culbertson, W.C. (2008). Principlesof Neuropsychology. Stanford: WadsworthThomson.
- 17. Pinel, P.J. (2009). Biopsychology. (International edition). NewDelhi: PearsonEducation
- 18. Kalat, J.N. (2016). Biological Psychology. Boston, USA: Cengage Learning.

# M.Sc. Psychology Semester- I

CC 104 Practical: (i) Psychological Tests

Credits: 4 (Hrs/week:4)

Maximum Marks: 100 Examination Time: 3 hrs

# **Course Objectives:**

- 1. To impart training regarding designing, execution and reporting of Laboratory experiments.
- 2. To impart training regarding administration, interpretation and reporting of psychological tests.
- 3. To familiarize the students with graphical representation and descriptive, inferential and correlational analysis by using statistical software.

# **Course Outcomes:**

- 1. Students would acquire the ability to administer, interpret and report psychological tests.
- 2. Students would gain proficiency in data analysis using statistical software.
- 3. Students would gain specialised applied knowledge in specific areas of psychology.

Note: Each student would perform fifteen practicals, six from each of the areas mentioned below along with three practicals from computer applications. The list of exact problems would be decided by the concerned teachers. It would be mandatory for each student to submit a record file duly signed by the respective teachers. Evaluation would be based on performance in conduct, written and viva.

# Any six Tests from the following areas:

- 1. Intelligence
- 2. Personality
- 3. Cognitive Ability
- 4. Family Relationship Inventory
- 5. Binet Simon Scale
- 6. Emotional Intelligence
- 7. Stress
- 8. Emotion
- 9. PGI Battery of Brain Dysfunction
- 10. Old Age Adjustment

# Any six Experiments from the following areas:

- 1. Perception
- 2. Psychophysics Weber's Law
- 3. Muller- Lyer Illusion
- 4. Conditioning- Verbal

- 5. Attention
- 6. Memory
- 7. Visual Activity Test
- 8. Short term Memory
- 9. Biofeedback
- 10. Galvanic Skin Response
- 11. Ergograph
- 12. Biofeedback

# **Computer Applications in Research**

At list three from given list to be reported (use Excel or SPSS)

- 1. Graphical Representation
- 2. Central tendencies & variability
- 3. Mean Comparison
- 4. Correlation
- 5. Data Entry in SPSS

#### **Distribution of Marks**

Practical Record Book	Conduct & Report	Viva-Voce	Total
20	40	40	100

# M.Sc. - Psychology Semester- I

**GEC 105 Emotions in Everyday Life** 

Credits: 4 (Hrs/week: 4)

Maximum Marks: 100 Theory Examination: 70 Internal Assessment: 30 Max. Time: 3 hrs.

# **Course Objectives:**

- 1. To help students understand the processes of emotion and relating them to diverse contexts.
- 2. To prepare students learn organizing their personal lives better by gaining insights into their own emotional strengths. Course Contents:

#### Unit-I

Emotion, Behaviour and Conscious Experience: Biological, Cognitive, Constructionist, Psychodynamic, Evolutionary and Cultural Perspectives

#### Unit-II

Self Conscious Emotions: Shame, Guilt, Embarrassment, and Pride; Social Self Consciousness

#### **Unit-III**

Emotions and Social Processes: Empathy, Forgiveness, Gratitude, and Envy

#### **Unit-IV**

Positive Emotional States and Processes: Positive affect, Optimism, Hope, and Flow, Emotional Creativity, Emotions at work place

- 1. Averill, J.A., Chon, K.K., & Hahn, D.W. (2001). Emotions and creativity: East and West. Asian journal of social psychology, 4, 165-183.
- 2. Barret, L. F., Niedenthal, P.M., &Winkielman (2005). Emotion and consciousness. New York: The Guilford Press.
- 3. Carr, A. (2008). Positive Psychology: The science of happiness and human strengths. New Delhi: Routledge
- 4. Ekman, P. (2003) Emotions revealed. London: Weidenfield& Nicolson.
- 5. Kitayama, S. & Markus, H.R. (1994). Emotion and culture empirical studies of mutual influence. Washington, DC: American Psychological Association.

# M.Sc. - Psychology Semester- I

# SEC 107(B) Positive Psychology

Credits: 2 (Hrs/week: 2)

Maximum Marks: 50 Theory Examination: 35 Internal Assessment: 15 Max. Time: 2 hrs.

# Course Objectives:

- To orient the students to the nature and eastern perspectives on Positive Psychology.
- Students should be able to understand the conceptual and theoretical basis of humanvirtues and positive emotional states.
- To impart conceptual knowledge about positive cognitive states and Resilience.
- To acquaint the students with the importance of Close relationships and pro-socialbehaviour.

# **Course Outcomes:**

- Students would gain knowledge about the nature of Positive Psychology.
- Theoretical knowledge about human virtues and positive emotional states would enable the students to understand its relationship with wellbeing and undertake research in this area.
- Knowledge about the latent role played by positive cognitive states in boosting well-being would prove an asset to the students in their profession.
- Students would understand the relevance of close relationships and benefits of pro social behaviour.

#### Unit I

Introduction to Positive Psychology: Origin, Assumptions and Goals of Positive Psychology, Eastern Perspective on Positive Psychology.

Virtues and Strengths of Character: Classification of Human Virtues and measuring Strengths of Character.

#### **Unit II**

Positive Emotional States and Well- being. Positive Emotions and Health Resources-Physical, Psychological and Social. Emotional Intelligence

Happiness: Different viewpoints of Happiness, Factors affecting Happiness and strategies to enhance Happiness. Close relationships: Characteristics of close relationships.

#### Unit III

Cognitive States and Processes: Wisdom, Self-efficacy, Hope and Optimism. Mindfulness and Well-being. Resilience: Meaning and Resilience Building. Pro-Social Behaviour: Gratitude and Forgiveness.

- 1. Baumgardner, S.T., & Crothers, M, K. (2009). Positive Psychology. New Delhi: Pearson.
- 2. Carr, A. (2005). Positive Psychology: The Science of Happiness and Human Strengths. New York: Routledge.
- 3. Snyder, C.R., & Lopez, S.J. (2008). Positive Psychology: The Scientific and Practical Explorations of Human Strengths. New Delhi: Sage.

# M.Sc. Psychology Semester-II

CC 201 Cognitive Psychology Credits:4 (Hrs./Week: 4)

Maximum Marks: 100 Theory Examination: 70 Internal Assessment: 30 Max, Time: 3 Hrs.

# Course Objectives:

- Students should be able to understand the relevance of multidisciplinary factors to the emergence of cognitive psychology and the theoretical bases of attention.
- Familiarizing with nature, theoretical and applied aspects of memory and forgetting.
- To impart theoretical and experimental knowledge of perceptual processes.
- To acquaint students about the concept of conditioning.

#### Course Outcomes:

- Students would be able to understand the nature and historical background ofCognitive Psychology.
- Students would be able to apply the conceptual and experimental knowledge of memory in research and everyday situation.
- Students would be able to understand depth perception, movement perception andillusions.
- Students would be sensitized to the importance of perception along with its applicability in everyday situation.
- Students would be able to understand how learning takes place through conditioning and reinforcement.

#### Unit-I

Cognitive Psychology: Emergence and Current Status of Cognitive Psychology.

Attention: Selective Attention and Divided Attention

Theories: Bottleneck Theories, Capacity Theories, Automaticity.

Arousal, Vigilance, Signal Detection Theory.

#### Unit-II

Memory: Nature and Processes of Memory, Models of Memory: Modal Model, Level of Processing, Working memory and Monohierarchial model. Measures of Short Term and Long Term Memory.

Retrieval and Forgetting: Nature and Meaning, Factors affecting retrieval, Factors affecting Forgetting. Incidental and Motivated forgetting.

Applied Aspects of Memory: Everyday memories, Autobiographical Memory, Flashbulb Memory, Improving Memory and Prospective Memory.

#### Unit-III

Perception: Information Processing Approach. Perception of Depth, Time and Movement.

Perceptual Constancy: Size, Shape, and Brightness. Motivational influences on perception (mental set and instruction and perceptual defense); Illusions: Types, causes, theories.

Bottom up Processes: Template Matching, Feature Analysis, Prototype matching.

Top-down processes: Perceptual Learning, Change Blindness, The Word Superiority Effect.

Applied Aspects of Perception: Driving and Traffic Accidents, Perception and Attention in Aviation,

Face identification (Eyewitness identification).

#### **Unit-IV**

Conditioning: Classical & Instrumental Conditioning.

Variables affecting Classical and Instrumental Conditioning. Schedules of Reinforcement. Applications: Taste Aversion; Conditioned Emotional Response; Superstitious Behavior; Chaining; Token economy.

- 1. Dodd, D.H. and White, R.H. (1980) Cognition: Mental Structures and Processes.Boston: AllynandBacon.
- 2. Eysenck, W.M. and Keane, M.T. (1990). Cognitive Psychology A StudentsHandbook. London: Lawrence Erlbaum.
- 3. Goldstein, E.B. (2002) Sensation and Perception, California: Wadsworth.
- 4. Jahnke, J.C. and Nowaczyk, R.H. (1998). Cognition. New Jersey: PrenticeHall.
- 5. John, A.S. Proctor. R., (2004) Attention Theory and Practice. New Dehli. SAGE Publication.
- 6. Matlin, M.W. (1995) Cognition. Bangalore: Prism Book.
- 7. Median, D.L., Ross, B.H. and Markman, A.B. (2005) Cognitive Psychology.USA, JohanWiley.
- 8. Reed, S.K. (2004) Cognition; Theory and Applications. California: Wadsworth.
- 9. Riegler, B.R., & Riegler, G.L.R. (2008). Cognitive Psychology. New Delhi: Pearson
- 10. Solso, R.L. (2004) Cognitive Psychology. Delhi:Pearson
- 11. Woodworth, R.S&Scholsberg (1981) Experimental Psychology. New Dehli. Tata Mcgraw Hillco.ltd.
- 12. Galotti, K.M. (2014). Cognitive Psychology: In and Out of the Laboratory. New Delhi: Sage.
- 13. D'Amato, M.R.(1972). Experimental Psychology: Methodology Psychophysics and Learning. New Dehli. Tata Mcgraw Hill co.ltd.

# M.Sc. – Psychology Semester- II

CC 202 Research Methodology-II

Credits: 4 (Hrs./week: 4)

Maximum Marks: 100 Theory Examination:70 Internal Assessment: 30 Max. Time: 3 Hrs.

# Course Objectives:

• Impart knowledge about quantification, research design, between subject design, Within Groups Design and Mixed Designs and their analyses in psychology.

 Impart knowledge of Quasi Experimental Designs, Analysis of Variance and Non-Parametric Statistics.

 Students should be able to get the knowledge of nonparametric statistics and its applications.

• Students should be able to understand Qualitative Analysis.

#### Course Outcomes:

 Students would develop in-depth knowledge about quantification and research design, between subject design, Within Groups Design and Mixed Designs and their analyses in psychology.

 Students would be able to use Quasi Experimental Designs and apply Non-Parametric Statistics.

• Students would be able to get the knowledge of nonparametric statistics and its applications.

• Students would be able to design and analyze Qualitative Analysis and mixed researches and their applications in research.

# Unit-I

Research Designs: Nature, Purpose, Principles, Between Subjects (single and multifactorial), Within Subjects (Single and Factorial). Mixed designs-Repeated Measure Design Significance of Mean differences: Independent and correlated Means.

Factorial Design: Randomized, Fixed, Mixed.

#### **Unit-II**

Parametric and Non-parametric Statistics: Nature, Assumption, Differences. Student's t test, z test. Wilcoxon Sign Rank Test, Median test, Mann Whitney -U test, Parametric and non-parametric tests: definition, assumptions, and differences. Chi -square

#### **Unit-III**

Analysis of Variance: Assumptions and applications. One – way ANOVA (Independent groups and repeated measures). Two-way ANOVA for independent groups

#### **Unit-IV**

Kruskal Wallis One Way Analysis of Variance; Qualitative analysis: Content analysis, Thematic representation, Categories, Interpretative phenomenological Analysis (IPA) and Grounded theory.

- 1. Arthur, A., Elaine. W.A. and Elliot, J.C. (2006), Statistics for Psychology, New Delhi: Pearson Education.
- 2. Belhekar, V.M (2016). Statistics for Psychology Using R. SAGE Publications India Pvt.Ltd.
- 3. Broota, K.D. (1990). Experimental Designs in Behaviour Research. N.D.: Wiley Eastern.
- 4. Campbell, D.T. and Standlay, J.G. (1996). Experimental and Quasi Experimental Design for Research. Chicago: Rand McNally.
- 5. Edwards, A.L. (1972). Experimental Designs in Psychological Research. New York: Holt Rinehart and Winston.
- 6. Ferguson, G.A. Statistical Analysis in Psychology and Education. New York: Tata McGraw-Hill Publishing Company Limited New Delhi.
- 7. Garrett, H.E. (1967). Statistics in Psychology and Education. Bombay: Vakils, Feffer and Simons Pvt. Ltd.
- 8. Guilford, J.P. and Benjamin, F (1973), Fundamental Statistics in Psychology and Education. New York: Tata McGraw-Hill Publishing Company Limited New Delhi.
- 9. Lindqvist, E.F. (1953). Design and Analysis of Experiments in Psychology. Boston Houghton Mifflin.
- 10. Mangal, S.K and Mangal, S. (2015). Research Methodology in Behavior Sciences. PHI learning private limited, Delhi-11092.
- 11. McGuigan, F.J. (1990). Experimental Psychology. A Methodological Approach. New York: Printice Hall.
- 12. Mohanty, B., and Misra, S. (2016). Statistics for Behaviour and Social Sciences. SAGE Publications India Pvt. Ltd.
- 13. Silverman, D. (2001). Interpreting Qualitative Data: Methods for Analyzing Talk, Text and Interaction. New Delhi: Sage Publications.
- 14. Singh, A.K. (1986). Tests, Measurements and Research Methods. N.D.: Tata McGraw Hill.
- 15. Winer, B.J. (1971). Statistical Principles in Experimental Design. New York: McGraw Hill

# M.Sc. Psychology Semester - II

CC 203 Social Psychology Credits: 4 (Hrs./week:4)

Maximum Marks: 100 Theory Examination: 70 Internal Assessment: 30 Max. Time: 3 Hrs.

# Course Objectives:

- To impart knowledge about nature of social psychology along with theoretical knowledge of Socialisation.
- Familiarization with the concepts of Group Dynamics and Leadership.
- Students should be able to demonstrate knowledge of the conceptual and applied aspects of Attribution process, Altruism and Pro-social behaviour.
- Students should be able to demonstrate knowledge of concepts of Conflict & Aggression and their management.

#### Course Outcomes:

- Students would have an understanding of nature of social psychology along with theoretical knowledge of Socialisation.
- Students would be acquainted with the concepts of Group Dynamics and Leadership.
- Students would demonstrate knowledge of the conceptual and applied aspects of attribution process, Altruism and Pro- social behaviour.
- Students would demonstrate knowledge of concepts of Conflict & Aggression andtheir management.

#### Unit-I

Social Psychology: Nature and theoretical foundations; The Self: Development, Social self, Self Esteem, Self Efficacy, Self and Culture.

Socialization: Nature, Process and Agencies of Socialization; Theories of Socialization.

#### Unit-II

Group Dynamics: Structure, Function and Types of Groups; Group Norms: formation, status, role, and role conflict.

Social Conformity and Social Facilitation; Leadership: Determinants of Leadership, Leadership Styles and Theories.

Compliance, Obedience and Attitude formation.

#### **Unit-III**

Attribution Process: Theories of Causal Attribution: Heider's theory, Jones and Davis theory, Kelley's co-variation theory, Weiner's model; Attributional Biases,

Altruism and pro-social Behavior: Concept, Theoretical perspective; Role of personality traits in altruism; Socializing altruism.

#### **Unit-IV**

Aggression: Nature and theories of aggression; Factors influencing aggression, Violence and Peace. Conflict: Nature and theories of conflict, conflict management and resolution- Sociodemographic and Cultural Diversity (Gender, ethnic, cultural, caste and class in Indian context).

- 1. Baron, R.A., & Byrne, D. (2005). Social Psychology. New Delhi: PearsonEducation. Crisp, R. J., & Turner, R. N. (2010). Essential Social Psychology. London: Sage.
- 2. Baron, R.A., & Byrne, D., (2005). Social Psychology (9th Ed.). Hindi Translation.New Delhi: PearsonEducation.
- 3. Baron, R.A., Byrne, D., & Johnson, B.T (1998). Exploring Social Psychology. Boston Allyn& Bacon.
- Nyla R. Branscombe& Robert A. Baron adapted by PreetiKapur. Social Psychology 14<sup>th</sup>ed.
   New Delhi: PearsonEducation
- 5. Sanderson, C.A. (2010). Social Psychology. USA: John Wiley and Sons.
- 6. Schneider, F.W, Gruma, J.A. & Coutts, L.A. (2012). Social Cognition. NewDelhi. SAGEPublication.
- 7. Sharma, R.K. & Sharma, R. (2013) SamajManovigyan. New Delhi.Atlantic Publication Pvt.Ltd.
- 8. Singh, A.K (2015). Social Psychology. PHI learning private limited, Delhi-11092.
- 9. Singh, A.K. (2010). An Outline of Social Psychology. Delhi :MotiLalBanarsidas.
- 10. Worchel, S.W., Cooper, J. Goethals, G.R., & Olson, J.M. (2000). Social Psychology. London: Wadsworth

# M.Sc. - Psychology Semester- II

CC 204 Practicum: Psychological Tests

Credits: 4 (Hrs. /week: 4)

Maximum Marks: 100 Examination Time: 3 hrs

# **Course Objectives:**

1. To impart training regarding designing, execution and reporting of Laboratory experiments.

2. To impart training regarding administration, interpretation and reporting of psychological tests.

3. To familiarize the students with graphical representation and descriptive, inferential and Correlation analysis by using statistical software.

#### **Course Outcomes:**

1. Students would acquire the ability to administer, interpret and report psychological tests.

2. Students would gain proficiency in data analysis using statistical software.

3. Students would gain specialized applied knowledge in specific areas of psychology.

Note: Each student would perform twelve tests from the areas mentioned below along with three from computer applications. The list of exact problems would be decided by the concerned teachers. It would be mandatory for each student to submit a record file duly signed by the respective teachers. Evaluation would be based on performance in conduct, written and viva.

#### Any five test from the following:

- 1. Cognitive Style Inventory
- 2. Motivation
- 3. Language
- 4. Semantic Memory
- 5. Self Concept
- 6. Leadership Style
- 7. Social Maturity Scale
- 8. Self Esteem
- 9. Self-Efficacy
- 10. STAI
- 11. Attention
- 12. Altruism

# 13. Happiness

# Any five experiments from the following areas:

- 1. Normal probability curve
- 2. Muller Lyer Illusion
- 3. Retroactive Inhibition
- 4. Zeigernik Effect
- 5. Psychophysics
- 6. Memory
- 7. Attention
- 8. Recognition
- 9. Depth Perception

# **Computer Applications in Research**

At list two from given list

- 1. Non Parametric Test
- 2. ANOVA
- 3. Multiple Regressions
- 4. t-test

## **Distribution of Marks**

<b>Practical Record Book</b>	Conduct & Report	Viva-Voce	Total
20	40	40	100

# M.Sc. - Psychology Semester- II

DSC 205 Stress, Health & Coping

Credits: 4 (Hrs./week:4)

Maximum Marks: 100 Theory Examination: 70 Internal Assessment: 30 Max. Time: 3 Hrs.

# **Course Objectives:**

- To orient the students with the nature and theories of stress
- To impart knowledge about the sources of stress and its impact
- To acquaint the students with how to cope with stress
- To familiarize the students with different illness and mental health issues as a result of stress

#### **Course Outcomes:**

- Students would gain knowledge about the nature of stress
- Students would be able to understand what are the different types of stressors
- Students would gain knowledge about how to cope with stress
- Students would be able to gain awareness about different illnesses and mental health issues that may arise from stress

#### Unit-I

Stress: Concept, Meaning, Definition and Models, Stimulus, Response, Transaction

Theory of Stress: Physiological theories of stress: Fight or Flight, Selye's GAS, Psychological Appraisal of stress

#### **Unit-II**

Sources of Stress: Internal, External, Interpersonal.

Systemic Impact of Stress: Physical, Emotional, Cognitive, Behavioral, Stress & Eustress

#### **Unit-III**

Coping with Stress: Complexity of Coping; Coping-concept, Process of coping, Coping and adaptation, Coping strategy and style, types of coping styles: Proactive and Explanatory, Factors affecting coping.

#### **Unit-IV**

Illness- Cardiovascular, Digestive, Musculoskeletal, Immune system, Asthma, PTSD, Hardiness.

Stress and Mental Health; Anxiety, Anger and Depression, Stress and Cancer

- 1. Hariharan, M. & Rath, R. (2009). Coping with Life Stress: An Indian Experience. Sage, Delhi
- 2. Sarafino, E. P. (2005). Health Psychology: Biopsychosocial interactions (5th Ed). New York: Wiley
- 3. Benjamin H. G. (Editor) (1997). Coping with Chronic Stress, Hard cover
- 4. Geldard K. (2009). Practical Interventions for Young People at Risk.
- 5. Gwen K. P. (2000) Coping With Stress, Hardcover Hamilton I.
- McCubbin (Editor) (1994) Sense of Coherence & Resiliency: Stress, Coping & Health,
   Paperback
- 7. Hussain A. & Ilyas Khan, M. (2006). Recent Trends in Human Stress Management., Global Vision Publishing House
- 8. Johnson S. L., Field Tiffany M., & Schneiderman (2000). Stress, Coping & Depression., Lawrence Erlbaum Associates Pub.
- 9. Leenaars A. A., (2004). Psychotherapy with Suicidal People, John Wiley & Sons, Ltd. Pub
- 10. Mimi W. (Editor), & Gordon S. Gates (Editor) (2003). Toward Wellness: Prevention, Coping, and Stress, Paperback
- 11. Pestonjee, D. M. (1999) Stress and Coping: The Indian Experience, Hardcover. Sage Pub
- 12. Sharon J. P. (Editor), & Patrick C. McKenry (1994). Families and Change: Coping With Stressful Events, Paperback

# M.Sc. Psychology Semester-III

CC 301 Advanced Cognitive Processes Credits:4 (Hrs./Week: 4)

Maximum Marks: 100 Theory Examination: 70 Internal Assessment: 30 Max. Time: 3 Hrs.

#### Course Objectives:

- Students should be able to understand the cognitive learning and biological bases of Learning.
- Students should be able to understand the theoretical perspective of language processes.
- Acquainting the students about Decision Making and Problem Solving.
- Students should be able to understand Creativity, Innovative Thinking.

#### Course Outcomes:

- Students would gain knowledge about cognitive learning and biological bases of Learning.
- Students would understand the theoretical perspective of language processes.
- Students would gain knowledge about Decision Making and Problem Solving.
- Students would be able to understand Creativity and Innovative Thinking.

#### Unit-I

Cognitive approach in Learning; Latent learning, Observational learning, Verbal learning, Discrimination learning and its theories. Biological bases of learning.

# **Unit-II**

Language processes: Structure of language.

Theories of language acquisition: Chomsky, Skinner, Vygotsky.

Brain and language. Models of reading and language comprehension.

Processes of language production, Language, Thought and Bilingualism.

#### **Unit-III**

Decision making and problem solving:

Decision making models and theories; Complex and uncertain decision making.

Human problem solving: Stages and strategies of Problem Solving; Impediments to Problem solving; Expert and Novice Problem Solvers.

Artificial Intelligence.

#### **Unit-IV**

Creativity and Innovative Thinking: Meaning and process.

Characteristics of creative people. Neuroscience and creativity. Creativity and Intelligence.

- 1. Eysenck, W. M., & Keane, M.T. (1990). Cognitive *Psychology: AStudents Handbook*. London: LawrenceErlbaum.
- Galotti, K.M (2014). Cognitive Psychology. In and Out of the Laboratory.SAGE Publications India Pvt.Ltd.
- 3. Riegler, B.R., &Riegler, G.L.R. (2008). *Cognitive Psychology: Applying the Science of the Mind.* India: PearsonEducation.
- 4. Grahm, R.B., (1990). Physiological Psychology. California:Wadsworth.
- 5. Hersen, M., Kazdin, A.E., &Bellack A.S. (1991). The Clinical Psychology Handbook. New York: Pergamon.
- Jahnke, J.C., &Nowaczyk, R.H. (1998). Cognitive Psychology. NewJersey: Prentice Hall. Matlin, M. W. (1995). Cognition. Bangalore: PrismBook.
- 7. Reed, K.S. (2000). Cognition: Theory and Applications. California: Wadsworth.

# M.Sc. - Psychology Semester- III

CC 302 Psychometrics Credits: 4 (Hrs./week: 4)

> Maximum Marks: 100 Theory Examination: 70 Internal Assessment: 30

> > Time: 3 hrs.

# **Course Objectives:**

- Students should be able to understand the Psychological Measurement and Psychological scaling.
- To provide a fundamental knowledge of test construction
- Acquaint the students with the concept of reliability and validity.
- Students should be able to understand Factor Analysis and Rotation of Factors.

#### **Course Outcomes:**

- Students would gain knowledge about the Psychological Measurement and Psychological scaling.
- Students would be able to construct and standardize a psychological test.
- Students would be able to understand the importance of reliability and validity.
- Students would be able to understand Factor Analysis and Rotation of Factors.

#### **UNIT-I**

Psychological Measurement: Meaning, Theoretical issues, Types of psychological testing, Levels and Problems. Sources of Biasness, Ethics of testing. Psychological scaling: Methods- Paired comparison, Rank order, Equal appearing intervals and Fractionation, Scales of Measurement: Nominal, Ordinal, Interval, Ratio.

## UNIT-2

Test construction: Steps in test construction; Item Analysis,

Standardization. Item response theory, Deterministic and Probability models.

#### **UNIT-3**

Qualitative Research-I: Characteristics of qualitative research, Qualitative/Quantitative distinction, Ethics. Research designs: Case studies & Multisite studies. Analytic induction and constant comparative method; Proposal writing, Interview schedules and Observer guides.

Qualitative Research-II: Field work; Participant/Observer continuum; Interviewing; Photography. Types or sources of qualitative data; Data analysis and report writing.

#### **UNIT-4**

Correlation: Properties, Methods: Pearson's Product Moment, Partial Correlation and Multiple Correlation, three variable situation, Spearman's Rank difference: Biserial, Point Biserial, Phi coefficient and Tetrachoric. Multiple Regressions: Methods of Multiple Regression and prediction, Regression Equations – for three variables. Factors analysis: Assumptions, Methods – Centroid and Principal components. Rotation of factors: Orthogonal and Oblique-Objective techniques.

- 1. Aiken, L.R., &Groth-Marnat, G. (2009). Psychological Testing and Assessment. New Delhi: Pearson Education.
- 2. Anastasi, A., & Urbina, S. (1997). Psychological Testing (7 th Ed.). New Delhi: Pearson Education.
- 3. Garrett, H.E. (1967). Statistics in Psychology and Education. Bombay: Vakils, Feffer and Simons Pvt. Ltd.
- 4. Gregory, R.J., (2004). Psychological Testing: History, Principles and Applications (4 th Ed.). New Delhi Pearson Education.
- 5. Guilford, J.P. and Benjamin, F, (1973) Fundamental Statistics in Psychology and Education. New York: Tata McGraw-Hill Publishing Company Limited New Delhi.
- 6. Kline, P. (1993). The Handbook of Psychological Testing. London: Routledge.
- 7. Miller, A.M, Lovler, R and McIntire, S.A (2013). Psychological Testing A Practical Approach. SAGE Publications India Pvt. Ltd.
- 8. Murphy, K.R and Davidshofer C.O (2019). Psychological Testing Principles and Applications. Pearsons India Education services Pvt. Ltd.
- 9. Murphy, K.R., &Davidshofer, C.O. (1988). Psychological Testing: Principles and Application. New Jersey: Prentice Hall.
- 10. Nunnally, J.C. (1967). Psychometric Theory. New York: McGraw Hill.
- 11. Singh, A.K. (2006). Tests Measurements and Research Methods in Behavioural Sciences. New Delhi: BharatiBhawan.
- 12. Srivastava, A.B.L and Sharma, K.K,1st May 1969, Elementary Statistics in Psychology and Education: New Delhi: Sterling Publishers Pvt.Ltd.
- 13. Guilford, J.P (1956). Psychometric method. Tata McGraw-Hill Publishing Company Limited New Delhi.

# M.Sc. Psychology Semester- III

CC 303 Psychopathology Credits: 4 (Hrs./week:4)

Maximum Marks:100 Theory Examination: 70 Internal Assessment:30

Time: 3 hrs.

# Course Objectives:

- Students should be able to understand the nature of psychopathology and its perspectives.
- Students should be able to understand the knowledge of Anxiety Disorder, Obsessive Disorder and Dissociative Disorder.
- To impart knowledge of clinical picture of Somatoform disorder and Bipolar Disorder.
- Students should be able to understand the clinical picture of Schizophrenia, Delusional Disorder and Substance use Disorder.

#### Course Outcomes:

- Students would be able to understand the knowledge of Anxiety Disorder, Obsessive Disorder and Dissociative Disorder.
- Students would be able to understand the clinical picture of Somatoform disorderand BipolarDisorder.
- Students would be able to understand the clinical picture of Schizophrenia, Delusional Disorder and Substance use Disorder.

#### UNIT-I

Psychopathology: Nature, Historical background

Perspectives- Biological and Psychological.

Anxiety and Obsessive Disorders: GAD, Panic, Specific Phobias, OCD.

#### **UNIT-II**

Bipolar and related disorders: Bipolar I disorder, Bipolar II disorder, Cyclothymic disorder.

Substance related disorder, Sleep disorder, Somatoform disorder, Eating disorders and Dissociative disorder.

#### **UNIT-III**

Schizophrenia and Delusional Disorders: Clinical picture, Etiology and Treatment approaches. Personalitydisorders.

#### **UNIT-IV**

Neurodevelopmental Disorder: Epidemiology, Assessment & Diagnosis, Etiology,

# Intervention & Prognosis of:

- Specific Learning Disorders like Dyslexia, Dysgraphia, Dyscalculia
- ADHD
- Autism Spectrum Disorder
- Conduct Disorder
- Neurocognitive Disorders

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- 1. Bennett, P. (2003). Abnormal and Clinical Psychology. UK: Open University Press
- 2. Adams, H.E.; &Sutker, P.B. (1984). *Comprehensive Handbook of Psychopathology*. New York: Plenum Press.
- 3. Bellack, A.S.; & Hersen, M. (1984). *Research Methods in Clinical Psychology*. New York: Pergamon Press.
- 4. Carr, A. (2012). Clinical Psychology: An Introduction. New York:Routledge.
- 5. Carson, R.C., Butcher, J.N., Mineka, S. & Hooley, J.M. (2007). *AbnormalPsychology* (13<sup>th</sup>Ed.). New Delhi: Pearson
- 6. Comer, R. J. (2003). Abnormal Psychology. New York: Freeman.
- 7. Coleman, J.C. (1998). *Abnormal Psychology and Modern Life*. Bombay: Taraporevala Sons & Comapany.
- 8. Davison, G.C.; & Neale, J.M. (1982). *Abnormal Psychology: An experimental Clinical Approach*. New York: John Wiley.
- 9. DiagnosticandStatisticalManualofMentalDisordersDSM-5<sup>TM</sup>(5<sup>TH</sup>Ed.)(2013). Washington: CBS Publishers &Distributors.
- 10. Dowson, B.J.; & Grounds, A.T. (1995). *Personality Disorders Recognition and Clinical Management*. London: Cambridge University Press.
- 11. Kaplan, B.J.; &Sadock, B.J. (Eds.). *Synopsis of Psychiatry (7<sup>th</sup>ed.)*. USA: Williams & Wilkins.
- 12. Kazdin, A.E. (1992). *Research Design in Clinical Psychology*. Boston: Allyn&Bacon.
- 13. Nietzel, M. T., Bernstein, D. A. & Millich, R. (1994). *Introduction to ClinicalPsychology* (4<sup>th</sup>Ed). New Jersey: Prentice Hall.
- 14. Zuckerman, E.L. (1995). *Clinician's Thesaurus (4<sup>th</sup>ed.)*. New York: Guilford Press.

M.Sc. - Psychology Semester- III

CC 304 Practicum: Psychological Tests

Credits: 4 (Hrs./week:4)

Maximum Marks: 100 Examination Time: 3 hrs

**Course Objectives:** 

1. To impart training regarding designing, execution and reporting of Laboratory experiments.

2. To impart training regarding administration, interpretation and reporting of psychological tests.

3. To familiarize the students with graphical representation and descriptive, inferential and

correlational analysis by using statistical software.

**Course Outcomes:** 

1. Students would acquire the ability to administer, interpret and report psychological tests.

2. Students would gain proficiency in data analysis using statistical software.

3. Students would gain specialized applied knowledge in specific areas of psychology.

Note: Each student would perform ten practicals from the areas mentioned below along with two from computer applications. The list of exact problems would be decided by the concerned teachers. It would be mandatory for each student to submit a record file duly signed by the

respective teachers. Evaluation would be based on performance in conduct, written and viva.

Any five test from the following:

1. Learning Disability

2. Mental Health Inventory

3. Rorschach Inkblot Test

4. TAT

5. Reasoning

6. Creativity

7. Test Construction/ Translation

8. Reliability of a Test

35

- 9. Validity of a Test
- 10. Developing Norms
- 11. Item Difficulty

### Any five experiments from the following areas:

- 1. Problem Solving
- 2. Recognition Memory Test
- 3. Verbal Learning
- 4. Observational Learning
- 5. Cognitive Dissonance
- 6. Experiment on Recall a Recognition
- 7. Experiment on Constancy
- 8. Experiment on memory span using metronome

## **Computer Applications in Research**

At list two from given list to be reported (use Excel or SPSS)

- 1. Reliability of a Test Graphical Representation
- 2. Validity of a Test
- 3. Developing Norms
- 4. Item Difficulty
- 5. Test Construction/Translation

### **Distribution of Marks**

Practical Record Book	Conduct & Report	Viva-Voce	Total
20	40	40	100

### DSC 305 Vulnerabilities of Contemporary Indian Society

Credits: 4 (Hrs./week:4)

Maximum Marks:100 Theory Examination: 70 Internal Assessment:30

Time: 3 hrs.

## **Course Objectives**

- 1. To enable students to inculcate critical human sensitivity and appreciate alternate human experiences of marginal populations.
- 2. To examine the relationship between political processes, cultural and social realities and psychological processes realities those underlie societal vulnerabilities and relevant interventions.

#### **Course Contents**

#### Unit-I

Introduction to Social Vulnerabilities: issues and challenges of developing societies: modernization, urbanization, industrialization and change in societies, displacement and migration etc.

#### Unit-II

Poverty and Deprivation: Discourses of Poverty; Causes and impact of poverty: social, political, economic and societal factors; concomitants of poverty and disadvantage, social exclusion and mental health, challenges and interventions for poverty alleviation.

### **Unit-III**

Corruption and Other Societal Challenges: Theories and Perspectives on corruption, Issues of Power, Ethics, Social Norms; The social and psychological perspectives on Unemployment.

#### Unit-IV

Community Mental Health: introduction to community psychology, social contexts and community health, Resilience building, community development, ethics of community interventions.

- 1. Misra,G. and Tripathi,R.C.(1995). Deprivation: Its Social Roots and Psychological consequences. Concept Publishing.
- 2. Mohanty, A.K. and Misra, G. (2000). Psychology of Poverty and Disadvantage. Concept Publishing.
- 3. Zaloznaya,M. (2014). The Social Psychology of Curruption.Sociology Compass,8,2,187-202.
- 4. Kubbe,I.; and Engelbert,A. (2018). Curruption and Norms. Palgrave Mc Millian.
- 5. Fryer, D. and Ullah, P. (1987). Unemployed People. Open University Press.

**GE 306** Self, Globalization and Society

Credits: 2 (Hrs./week:2)

Maximum Marks:50 Theory Examination: 35 Internal Assessment:15

Time: 2 hrs.

## **Course Objectives**

- > To understand the impact og globalisation and transnational processes on self and identity
- > To develop an understanding, appreciating the plurality and diversity of society

#### **Course Contents**

#### Unit-1

Globalisation and Society: Economic, political and socio-cultural aspects, psychological effects of globalisation.

#### Unit-II

Issues of Plural Societies: Global migration and issues of a diverse society, changing dynamics of labour, Acculturation, Immigration and Diaspora: Theoretical perspectives, Citizenship concerns etc.

#### Unit-III

Multiculturalism and Diversity: Appreciating diversity and inter-cultural training, issues of self, identity and global citizen, human, social and cultural capital.

#### **Unit-IV**

The information age and Globalisation : Self as a psycho-social dynamic processing system, Technology and self: virtual reality and identity, self –presentation etc.

- 1. Hermans, H.J. and Dimaggio, G. (2007). Self, Identity and Globalisation in Times of Uncertainty: A Dialogical Analysis. Review of General Psychology, 11, 1, 31-61.
- 2. Castells, M. (2010). The Rise of the Network Society Wiley Blackell: UK.

### **SEC 307** One Month Internship Training

Maximum Marks: 100 Duration: 4 Hrs

Internship Training intends to foster skills through hands on training required for delivering of various services of psychological nature in various societal settings. Students will be required to select topic of their interest area in which they will carry out actual work in any relevant social /individual situation under the guidance of a faculty member as well supervisor from the concerned institute NGO/Juvenile home/ psychiatric centre/ drug addiction centre/ family counselling centre / rehabilitation centre/ prison who will maintain log sheet.

**Submission:** Two typed copies of Supervised Field Training report are to be submitted by the students.

**Evaluation:** Supervised Field Training report will be evaluated by external examiner.

#### **Distribution of Marks**

Record Book	Viva-Voce	Total
70	30	100

CC 401 Neuro-Psychology Credits: 4 (Hrs./week:4)

Maximum Marks: 100 Theory Examination:70 Internal Assessment:30 Time: 3hrs.

### Course Objectives:

- To familiarize the students with the nature and scope of Neuropsychology as wellas methods of studyingbrain.
- To impart the knowledge about various types of injuries and blood circulation in the brain.
- To impart the knowledge about various types of tumors and age related neurological disorders.
- To familiarize the students with various kinds of Neuropsychological assessmentand rehabilitation.

#### Course Outcomes:

- Students would be able to understand the nature and scope of Neuropsychology as wellas methods of studyingbrain.
- Students would be able to understand various types of injuries and blood circulation in thebrain.
- Students would be able to understand various types of tumors and age related neurological disorders.
- Students would be able to demonstrate various kinds of Neuropsychological assessment and rehabilitation.

### Unit-I

Neuropsychology: History, Nature, Approaches, scope.

Methods of studying brain activities: Invasive and non-invasive techniques.

### **Unit-II**

Blood circulation in the brain, Cerebrovascular Accidents (CVAS), Transient Ischemic Attack (TIA). Thrombosis and Hemorrhage- symptoms and management.

Traumatic Brain Injury (TBI), Closed Head injuries, Open head injuries, Concussion: causes, symptoms and management

#### **Unit-III**

Intracranial tumors- Types, diagnosis, symptoms and management.

Degenerative Disorders: Dementia, Alzheimer's and Parkinson's: Causes, symptoms and management

#### **Unit-IV**

Neuropsychological assessment batteries: PGI battery of brain dysfunction, AIIMS Neuropsychological battery.

Neuropsychological rehabilitation

- 1. Bolles, F., & Grafman, J. (1988). Handbook of Neuropsychology. New York: Elsevier.
- 2. Carlson, Neil. R. (2005). Foundations of Physiological Psychology. (6th Ed. LPE), New Delhi: Pearsons Education.
- 3. Dimond, S.J. (1980). Neuropsychology: A textbook of systems and psychological functions of the human brain. Butter worths: London-Boston.
- 4. Filskov, S.B., & Boll, T.J., (1981). Handbook of Clinical Neuropsychology. NewYork: JohnWiley.
- 5. Goldstein, G., &Hersen, M. (1984). Handbook of Psychological Assessment. NewYork: Pergamon.
- 6. Grahm, R.B., (1990). Physiological Psychology. California: Wadsworth.
- 7. Hersen, M., Kazdin, A.E., &Bellack A.S. (1991). The Clinical Psychology Handbook. New York:Pergamon.
- 8. Jarvis, P.E., & Jeffery, T. Barth (1994). Halstead- Reitan Neuropsychological Test Battery: A Guide to Interpretation and Clinical Application. Aorida: Psychology Assessment ResourcesInc.
- 9. Kolb, B., &Whisaw, I.Q. (1990). Fundamentals of Human Neuropsychology. NewYork: Freeman, W.H.
- 10. Walsh, K. (1994). Neuropsychology: A Clinical Approach. New Delhi: Churchill Livingstone.
- 11. Zillmer, E.A., Spiers M. V., & Culbertson, W.C. (2008). Principles of Neuropsychology. Stanford: Wadsworth Thomson.

CC 402 Developmental Psychology

Credits: 4 (Hrs./week:4)

Maximum Marks: 100 Theory Examination:70 Internal Assessment:30 Time: 3hrs.

### Course Objectives:

- Familiarization with the basic divisions of Developmental Psychology.
- Students should be able to understand the factors effecting development.
- Acquaint the students with the stages of development.
- Students should be able to understand various theories on development.

#### Course Outcomes:

- Students would gain knowledge of basic divisions of Developmental Psychology.
- Students would gain knowledge of factors responsible for development.
- Students would understand the stages of development.
- Students would attain the knowledge of different approaches on development.

#### Unit-I

Human Development- Concept and Principles. Factors affecting development: biological, social and cultural.

Theories and approaches of Development- Freud, Erikson, Piaget (Cognitive), Bronfenbrenner (Ecological System), Kohlberg (Moral Development).

#### Unit-II

Prenatal Development-Development from Conception to Birth, Factors and Risks

Neonate- Characteristics, Reflex and capacities of a neonate.

Infancy- Sensory-motor development, Cognitive-development and Psychosocial development.

#### Unit-III

Childhood- Emotional, Cognitive and Language & Psychosocial development: Role of Family, Sibling, Peers and School.

Adolescence- Physical changes, Relationships with peers and family. Identity formation.

Problems during adolescence. Genetics and Development.

#### Unit-IV

Adulthood- Intimate relationship, Vocational adjustment, Parenthood.

Aging- Physical conditions, Personal relationships, Financial and Emotional problems. Healthy Aging, Death Anxiety, Bereavement.

- 1. Bee, H. and Boyd, D. (2002). Life Span Development. Boston, M.A: Allyn and Bacon.
- 2. Berk, L.E. (2003). Child Development. New Delhi: Pearson Education.
- 3. Bukatko, D. and Daehler, M.W. (2001). Child Development: A Thematic Approach. New York:
  - Houghton Mifflin Company.
- 4. Crain, W. (1980). Theories of Development. Englewood Cliffs, New Jersey: Prentice Hall
- 5. Cunningham, W.R. and Brookbank, J.W. (1988). Gerontology: The Psychology, Biology and Sociology of Aging. London: Harper and Row, Publishers.
- 6. Hetherington, M.E. and Parke, R.D. (1993). Child Psychology: A Contemporary Viewpoint. New York: McGraw Hill.
- 7. Morgan, L. and Kunkel, S. (1998). Aging: The Social Context. London: Pine Forge Press.
- 8. Newman, B.M. and Newman, P.R. (1999). Development Through Life: A Psychosocial Approach. New York: Wadsworth Publishing Company.
- 9. Papalia, D.E, Olds, S.W and Feldman (2007). Human Development. Tata McGraw-Hill Publishing Company Limited New Delhi.
- 10. Santrock, J.W. (2006). A Topical Approach to Life Span Development. New Delhi: Tata McGraw Hill.
- 11. Birren, J.E. and Schai, K.W. (1990). Handbook of the Psychology of Aging. New York: Academic Press.
- 12. Hurlock, E. (1997). Child Development. New Delhi: Tata McGraw-Hill.

CC 403 Practicum: Psychological Tests

Credits: 4 (Hrs./week:4)

Maximum Marks: 100 Examination Time: 3 hrs

**Course Objectives:** 

1. To impart training regarding designing, execution and reporting of Laboratory experiments.

2. To impart training regarding administration, interpretation and reporting of psychological tests.

3. To familiarize the students with graphical representation and descriptive, inferential and

correlational analysis by using statistical software.

**Course Outcomes:** 

1. Students would acquire the ability to administer, interpret and report psychological tests.

2. Students would gain proficiency in data analysis using statistical software.

3. Students would gain specialized applied knowledge in specific areas of psychology.

Note: Each student would perform seven tests from the areas from either of the two

specialisation areas selected by the student mentioned below along with computer applications.

The list of exact problems would be decided by the concerned teachers. It would be mandatory

for each student to submit a record file duly signed by the respective teachers. Evaluation would

be based on performance in conduct, written and viva.

**Neuro Psychology & Clinical Psychology** 

Any five experiments/tests from either of the two following areas:

(A) Clinical Psychology

1. AIIMS Neurological Battery

2. Aggression/Anger

3. Adjustment

4. Rorschach Inkblot Test

5. Thematic Apperception Test

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- 6. PGI Battery of Brain dys Functioning
- 7. General Health Questionnaire
- 8. Body Image
- 9. Case History
- 10. CBT
- 11. Meditation

# (B) Organizational Psychology

- 1. Vocational Interest Record
- 2. Job Satisfaction Scale
- 3. Leadership Preference Scale
- 4. Motivation Scale
- 5. Organizational Behavioural Scale
- 6. Work Motivation
- 7. Team effectiveness
- 8. Organizational Commitment Scale
- 9. Learned Optimism Scale

DSC 404 Clinical Psychology

Credits: 4 (Hrs./week:4)

Maximum Marks: 100 Theory Examination:70 Internal Assessment:30

Time: 3hrs.

### Course Objectives:

- Students should be able to understand about role and responsibilities of Clinical psychologist along with related issues.
- To impart knowledge of various methods used to study the behavioral patterns of individuals with clinical diagnosis.
- Students should be able to understand the nature of Psychotherapies and Biologicallybased Therapies.
- Students should be able to understand various therapies and interventions in ClinicalPsychology.

#### **Course Outcomes:**

- Students would gain knowledge about role and responsibilities of Clinical psychologistalong with related issues.
- Students would be able to apply the knowledge about various methods used to study thebehavioral patterns of individuals with clinical diagnosis.
- Students would gain knowledge about nature of Psychotherapies and Biologically basedTherapies.
- Students would gain knowledge of various therapies and interventions in ClinicalPsychology.

### **UNIT-I**

Clinical Psychology: Nature, Historical overview, Clinical psychology as a profession, Roles and responsibilities of clinical psychologists.

Issues in Clinical Psychology: Professional training, Professional regulation, Professional ethics.

#### UNIT-II

Methods of Clinical Psychology: Epidemiological, Correlational and Experimental. Clinical Assessment Techniques: Need, Elements, Case study, Clinical interview, Observation, Psychological tests.

#### **UNIT-III**

Psychotherapy: Meaning, Nature, General Principles and Types. Biologically Based Therapies: Early attempts in biological therapies, ECT, Pharmacologicaltherapy.

### **UNIT-IV**

Psychologically Based Therapies I: Psychoanalytic, Behaviouristic- Brief

graduated exposure and prolonged intense exposure therapies, Client- centered, Existential.

Psychologically Based Therapies II: Cognitive- behaviour therapy, Rational- emotive therapy, Gestalt therapy, Mindfulness based stress reduction therapy.

- 1. Bellack, A. S. & Hersen, M. (1980). Introduction to Clinical Psychology. New York: Oxford University Press. Nietzel, M. T., Bernstein, D. A.
- 2. Millich, R. (1994). Introduction to Clinical Psychology. New Jersey:
- 3. Prentice Hall. Trull, T. J. & Phares, E. J. (2001). Clinical Psychology: Concepts, Methodsand Problems. US: Wadsworth.
- 4. Nevid, J.S., Rathus, S.A. & Greene, B. (2014). Abnormal Psychology in a Changing World. New York: Pearson. Hecker, J.E. & Thorpe, G.L. (2005). Introduction to ClinicalPsychology: Science, Practice and Ethics. Delhi:
- 5. Pearson. Carson, R.C., Butcher, J.N., Mineka, S. & Hooley, J.M. (2007). AbnormalPsychology. New Delhi: Pearson.
- 6. Pomerantz, A. M. (2011). Clinical Psychology: Science, Practice & Culture. New Delhi:Sage .
- 7. Singh, A. K. (2005). Advanced Clinical Psychology. Delhi: MotiLalBanarsi Das.
- 8. Herson, M., Kadzin, A.E. and Bellack, A.S. (1983). The Clinical Psychology Handbook. New York: Pergamon. Carr, A. (2012). Clinical Psychology: An Introduction. New York:Routledge.

DSC 405 Forensic and Criminal Psychology

Credits: 4 (Hrs./week:4)

Maximum Marks: 100 Theory Examination:70 Internal Assessment:30

Time: 3hrs.

### Course Objectives:

- To orient the students with the nature of Criminal Psychology along with understandingcrime from biological and psychosocial perspective as well as crime trends in India.
- Students should be able to understand various types of crime, domestic and international terrorism.
- To impart conceptual knowledge about nature and field of Forensic Psychology alongwith understanding of assessment of Forensic Psychology.
- To acquaint the students with the psychological intervention and correction along withunderstanding of risk assessment and dangerous issues.

#### **Course Outcomes:**

- Students would gain knowledge about the nature of Criminal Psychology along with understanding crime from biological and psychosocial perspective as well as crime trends in India.
- Students would gain knowledge about the various types of crime, domestic and international terrorism.
- Students would be able to understand about nature and field of Forensic Psychologyalong with understanding of assessment of Forensic Psychology.
- Students would be able to understand about the psychological intervention and correctionalong with understanding of risk assessment and dangerous issues.

#### Unit-1

Criminal psychology: Nature and historical perspective. Approaches of criminal behaviour, Crime trends in India. National Bureau of Crimes.

Biological, psychological and social. Method of study. Approaches to classification of crime.

#### Unit-2

Type of crime I: Juvenile Delinquency, Antisocial personality, crime against children, womenand aged, white collar crime, cyber crime and cyber terrorism.

Type of crime II: Homicide, Suicide, Serial Killers, Rampage killer, Sex offenders, Mentally illoffenders, Terrorism- domestic and international.

#### Unit-3

Forensic Psychology: Introduction and overview, Historical Perspective, Fields of ForensicPsychology, Education and training.

Assessment of forensic psychology: Investigative Interview, Verbal detection, Statement assessment.

Hypnosis, Voice analysis, Polygraph, Thermal imaging, Narcoanalysis, Brain electrical oscillation, Signature profiling.

#### Unit-4

Psychological intervention and correction: Punishing for crime, Behaviour modification, Socialinterventions, Rehabilitation in family and community, Psychological reforms in jails. Risk assessment and dangerousness issues: Political context, Clinical approaches in Risk anddangerous assessment.

- 1. Abrahamson, D. (1960). Psychology of crime. New York: Columbia UniversityPress.
- 2. Chokalingan, K. (1991). Readings in Victimology Madras: Rair Raj Publications.
- 3. Feldman, M.P. (1977). Criminal Behaviour : A psychological analysis. London :Wiley.
- 4. Goyal, R.K (1992). Reforms in Jails, Chandigarh: India.
- 5. Kushner, W.W. (1988). The future of terrorism. Delhi: Sage.
- 6. Reid, S.T. (1979). Crime and Criminology. New York: Holt Rinehart and Winston.
- 7. Sirohi, J.P.S, (1983). Criminology and Criminal Administration. Allahabad: LawAgency.
- 8. Trojanowicz, C. (1978). Juvenile delinquency: concepts and controls. Englewood cliffs, Prentice Hall.
- 9. Howitt, D.(2002). Forensic and criminal psychology. England: Pearson educationltd.
- 10. Paranjape, N.V(2018). Criminology Penology Victimilogy. Central LawPublication, 107, Darbhanga Castile, Alahabad-2.
- 11. Petherick..W.A, Turvey, B.E. and Ferguson, C.E. (2010). Forensic Criminology. Elseiver Academic Press
- 12. Shipeay, S.andArrigo, B.( 2012). *Introduction to forensic Psychology*. USA: Academic press.
- 13. Walters G.D. (1994). Drug and crime in life style perspective. New Delhi :Sage.

DSC 406 Psycho-diagnostics Credits: 4 (Hrs./week:4)

> Maximum Marks: 100 Theory Examination:70 Internal Assessment:30 Time: 3hrs.

### **Course Objectives:**

- Students should be able to understand the nature purpose of psycho diagnosis and its classification system in psychopathology.
- Students should be able to understand the Cognitive and Personality Assessment Techniques.
- To impart knowledge of Neuropsychological Assessment Methods.
- Students should be able to understand how to integrate different test results in terms
  of reporting.

#### **Course Outcomes:**

- Students would demonstrate understanding about the use of the classification system for psychodiagnosis
- Students would be able to understand how different Cognitive and Personality Assessment methods are used.
- Students would be able to understand the concept of different methods of assessing Neuropsychological domains.
- Students would be able to understand the method of integrating and reporting the results of different tests.

#### Unit-I

Nature of Psychological Assessment: Case Study, History taking, Interview, Observation and Mental Status Examination. Ethics of Psychological Testing.

Diagnosis and Classification System: DSM, ICD.

#### **Unit-II**

Cognitive and Personality Assessment:

Cognitive Assessment:

- Wechsler Intelligence Scale: WAIS, WISC-IV, WPPSI-R
- Non-Verbal Group Ability Test: Kaufmann Brief Intelligence Test (K-BIT) and Goodenough-Harris Drawing Test
- Multidimensional Aptitude Battery (MAB), Differential Aptitude Test (DAT)
- OASIS (Occupational Aptitude Survey and Internet Schedule).
- Bhatia Battery

Personality Assessment:

- Questionnaire and Projective Tests: Rorschach and TAT, Sentence Completion test, Word Association Test
- MMPI, 16PF, EPI

#### **Unit-III**

Neuropsychological Reports: Assessment of psycho physiological indices of arousal and anxiety (e.g. GSR, ECG, EEG).

Neurological Examination: MRI, f MRI, CT, PET

#### **Unit-IV**

Reporting: Integrating different test results. Recent advances in psychodiagnostics.

- 1. Beck, S.J. (1978). Rorschach's Test. New York: Grune & Stratton.
- 2. Bellack, L. (1954). *The Thematic Apperception Test and Children's Apperception Test in Clinical Use*. New York: Grune& Stratton.
- 3. Campbell, J.P.; et al. (1973). The development and evaluation of behaviourally based scales. *Journal of Applied Psychology*, 54: 15-22.
- 4. Chapman, L.J.; & Chapman, L.P. (1968). Illusory correlation as an obstacle to the use of valid psychodiagnostics signs. *Journal of Abnormal Psychology*, 74: 271-280.
- 5. Choce, P.; &Shanley (1986). Factor analysis of MCMI. *American Psychologist*, 54 (2): 53-256.
- 6. Ciminero, A.R.; et al. (Eds.)(1986). *Handbook of Behavioural Assessment*. New York: John Wiley.
- 7. Harsen, M.; &Bellack, A.S. (Eds.) (1981). Behavioural Assessment: A practical handbook.

- New York: Pargamon Press.
- 8. Golden, C.G.; Moses, J.A.; Coffman, J.A.; Miller, W.R; & Strider, F.D. (1983). *Clinical Neuropsychology: Interface with neurological and psychiatric disorders*. U.K.: Grune and Stratton.
- 9. Greene, R. L. (1991). MMPI: An interpretive manual. Massachusetts: Allyn& Bacon.
- 10. Sarason, I.G. (Ed.) (1980). *Test Anxiety: Theory, Research and Applications*. Hillsdale, N.J.: Lawrence Erlbaum.
- 11. Spielberger, C.D.; &Vagg, P.R. (Eds.) (1995). *Test Anxiety: Theory, Assessment and Treatment*. USA: Taylor and Francis.
- 12. Winer, B. (1983). Clinical Methods in Psychology. New York: John Wiley.

DSC 407 Basics of Guidance and Counselling

Credits: 4 (Hrs./week:4)

Maximum Marks: 100 Theory Examination:70 Internal Assessment:30 Time: 3hrs.

### **Course Objectives:**

- Students should be able to understand the nature, principles and models of Guidance.
- To impart knowledge of Educational and Career Guidance.
- Students should be able to understand the nature, emergence and growth of CounsellingPsychology.
- Students should be able to understand Methodological and Contemporary Issues incounselling.

#### Course Outcomes:

- Students would be able to explain and execute guidance programs.
- Students would be able to deliver Educational and Career Guidance.
- Students would be become sensitive to need and ethical issues of Counselling.
- Students would gain awareness of counselling needs of special groups and undertakeresearch in counselling.

#### UNIT- I

Foundation of Guidance: Need, Meaning and Scope of Guidance; Basic Principles of Guidance. Models of Guidance: Early, later and contemporary models. Organizing a Guidance Programme.

#### **UNIT-II**

Educational Guidance: Need, Objectives, Educational Problems and Functions. Guidance in Elementary Schools: Nature, Role of teacher and Counsellor. Guidance in Secondary Schools: Nature, Needs related to Education and Personal Development.

Career development facilitation: Theories of career development and decision making, Facilitating career exploration, Collecting and disseminating career information.

#### **UNIT-III**

Foundation of Counselling: Meaning, Goals, Stages, Need and Types. Emergence and Growth of Counselling Psychology; Counselling and related fields; EthicalTraining, Standards and Dilemmas in counselling.

### **UNIT-IV**

Research in counselling: Need for evaluation, Applied-Action Research, Problems of counselling research, Process and Outcome research, Descriptive research in counselling, Experimental research.

Contemporary Issues in counselling: Working with children and their parents, older adults, differently abled and Religious clients.

- 1. Capuzzi, D and Gross D.R. (2008). Counseling and Psychotherapy Theories and Interventions. Dorling Kindersley (India) Pvt. Ltd., Licensees of Pearson Education in South Asia.
- 2. Gelso, C., &Fretz, B. (2001). Counselling Psychology. USA: Harcourt College.
- 3. Gibson, R.L., & Mitchell, M.H. (2008). Introduction to Counselling and Guidance. Delhi:PHI Learning.
- 4. Pietrofessa, J. J., Bernstein, B., Minor, J., & Stanford, S. (1980). Guidance: AnIntroduction. Chicago: RanelMcNally College.
- 5. Sharf, R.S. (2000). Theories of psychotherapy and counseling: Concepts and cases(2ndEd.). Singapore: Brooks/Cole.
- 6. Sharma, R. A. (2007). Fundamentals of Guidance and Couselling. Meerut: R. Lall Book.
- 7. Srivastava, K. K. (2003). Principles of Guidance and Counselling. New Delhi: Kanishka.
- 8. Trull, T.J., & Phares, E.J. (2001). Clinical psychology: Concepts, methods, and profession (6th Ed.). Belmont, CA: Wadsworth/Thomson Learning
- 9. Woolfe& Dryden (1996) Hand book of Counselling Psychology, Sage Publications, London, Thousand Oaks, New Delhi.

DSC 408 Techniques of Guidance and Counselling

Credits: 4 (Hrs./week:4)

Maximum Marks: 100 Theory Examination:70 Internal Assessment:30 Time: 3hrs.

### Course Objectives:

- To familiarize the students with the basic strategies of Counselling.
- To orient the students with the theoretical aspects and processes of Psychoanalytical and Affective therapies.
- To orient the students with the theoretical aspects and processes of Cognitive andBehavioural therapies.
- To impart the knowledge about Family systems and Promotional approaches.

#### **Course Outcomes:**

- Students would be able to familiarize with the basic steps, types and approaches of counselling.
- Students would demonstrate understanding of Psychoanalytical and Affective therapies.
- Students would demonstrate understanding of Cognitive and Behavioural therapies.
- Students would gain knowledge about Family systems and Promotional approaches.

#### UNIT-I

Strategies of Counselling: Directive, Non-Directive Approach to Counselling; Elements of Effective Therapeutic Position, Goals Directed Nature of Counselling& Psychotherapy, Needfor Pragmatic Therapeutic Position. Counselling vs. Psychotherapy. Psychoanalytic Approach: View of Human Nature, Development of Personality, DefenceMechanisms, Major methods & techniques.

#### UNIT-II

Affectively Oriented Approaches: Existential therapy; Person-centred therapy; Gestalttherapy; Theoretical analysis of affective approaches.

Cognitively Oriented Approaches: Rational Emotive Therapy; Beck's Model; Transactional Analysis. Theoretical analysis of cognitive approaches.

#### **UNIT-III**

Behaviourally Oriented Approaches: Behaviour Therapy: Meaning & Goals, BehaviouralConnections; Systematic Desensitization, Relaxation, Flooding Therapies; Behavioural Contingencies: Reinforcement, Punishment, Shaping; Modelling Techniques; Self Instructional Training, Self Inoculation. Theoretical analysis of behavioural approaches.

### **UNIT-IV**

Family Systems Approach: Bowen's Intergenerational Approach, Structural Family Therapy, Strategic Therapy and Current Trends in Family Systems Therapy.

Promotional Approaches: Creative Art Therapies, Yoga and Meditation, Mindfulness

- 1. Baruth, L.G., & Huber, C.H. (1998). Counselling and Psychotherapy. NJ.:Prentice Hall.
- 2. Capuzzi, D and Gross D.R. (2008). Counselling and Psychotherapy Theories and Interventions. Dorling Kindersley (India) Pvt. Ltd., Licensees of Pearson Education in South asia.
- 3. Gladding, S.T and Batra, P (2018). Counseling A Comprehensive Profession. Pearsons India Education services Pvt. Ltd.
- 4. Ivey, A. E., D'Andrea, M. J., & Ivey, M. B. (2012). Theories of Counselling and Psychotherapy: A Multicultural Perspective. Thousand Oaks: Sage.
- 5. Nelson-Jones, R. (2015). Theory and Practice of Counselling and Psychotherapy. London: Sage
- 6. Parrott, L. (2003). Counselling and Psychotherapy. United States: Thomson.
- 7. Sharf, R. S. (2000). Theories of Psychotherapy and Counselling: Cases and Concept. Belmont, CA: Wadsworth/Thomson Learning

## DSC 409 Organizational Change and Development

Credits: 4 (Hrs./week:4)

Maximum Marks: 100 Theory Examination:70 Internal Assessment:30

Time: 3hrs.

## **Course Objectives:**

- To understand the application of behavioural sciences theory and models for planning change and development in organizations.
- To equip the students in diagnosing issues and planning different types of intervention strategies and also enhance personal capabilities in handling as well as navigating change in one's life situations.

#### **Course Contents:**

#### Unit I

Introduction to Organizational Change and Development: types of Change in organizations, and Change Models, Resistance to Change; Change Management and Nature of Planned Change; Organizational Development: History of the Field, Nature and Process of OD.

### Unit II

Designing Interventions: An overview of interventions, Interpersonal, Team and Intergroup and System interventions

#### **Unit III**

Methods of OD: Survey Feedback, Grid Organizational Development, Process Consultation, Gestalt, and Comprehensive Interventions.

### **Unit IV**

Future Issues and Applications: Building Learning Organizations and Planning Mergers and Acquisitions etc; Organizational Development in Global Settings and Non-Industrial Settings, Power, Politics and OD, Future Directions in OD.

- French, W.L. and Bell, C.H. (2006). Behavioural Science Interventions for Organizational Improvement (8<sup>th</sup> Ed.) Pearson India: New Delhi.
- Cummings, T.G. and Worley, C.G. (2009). Organizational Development and Change (9<sup>th</sup> Ed.) South-Western Cengage Learning: Mason OH.
   Seijts, G.H. (2006). Cases in Organizational Behaviour. Sage: New Delhi

## DSC 410 Human Resource Management

Credits: 4 (Hrs./week:4)

Maximum Marks: 100 Theory Examination:70 Internal Assessment:30 Time: 3hrs.

# **Course Objectives:**

- > To understand the human resource issues in organizations and build a foundation for assisting organizations in resolving human resource problems.
- > To develop broader understanding of the core HR functions ranging from Human Resource Acquisition to Separation and gain insight into current HR issues and elements of the human resource systems

#### **Course Contents:**

#### Unit -1

Introduction to Human Resource Management, Strategic and traditional HRM, changing role and changing environment of HRM, Challenges of HR management: Individual and Competitiveness, balancing organizational demands and employees' concerns.

#### Unit-2

Strategy and Human resource planning; Vision, Mission and Values Environmental analysis-internal analysis, issues of HR in cultural transition.

#### Unit-3

Meeting HR requirements: Job Analysis, Recruitment and Selection, Diversity and empowering employees, Performance Management, Career management and Talent Management and developing diverse talent pool, Competency assessment

#### Unit-4

International HRM; Forms of IHRM/ Types of cross-national organizations (Domestic, International, Multinational, Global, Transnational), communication and team work and training issues in international work force.

#### **Suggested Readings:**

1. Banfield, P., & Kay, R. (2011). Introduction to human resource management (2<sup>nd</sup> Ed.). New Delhi, India: Oxford University Press.

- 2. Bhatnagar, J., & Budhwar, J. (2009). The changing face of people management in India. London: Routledge.
- 3. Cascio W.F. & Aguinis H. (2008), Applied Psychology in Human Resource Management, 6th Edition, Printice-Hall, USA
- 4. DeCenzo, D. A., & Robbins, S. P. (2006). Fundamentals of human resource management (8th Ed.). NY: Wiley.
- 5. DeNisi, A. S., & Griffin, R. W. (2011). Managing human resources (4th Ed.). Boston: Cengage Press.
- 6. Dessler, G., & Varkkey, B. (2011). Human resource management (12th Ed.). New Delhi, India: Pearson Education.
- 7. Harzing, Anne-Wil, & Pennington, A. (2011). International human resource management. New Delhi, India: Sage publications.
- 8. Khandelwal, K. A. (2009). In search of Indianness: Cultures of multinationals. New Delhi, India: Kanishka Publishers.
- 9. Mathis, R., Jackson, J. H., & Tripathy, M. R. (2012). Human resource management: A South Asian perspective. Delhi, India: Cengage Learning India Pvt. Ltd.
- 10. Pande, S., & Basak, S. (2012). Human resource management. New Delhi, India: Pearson Education.

### **DSC 411** Coaching and Mentoring at Workplace

Credits: 4 (Hrs./week:4)

Maximum Marks: 100 Theory Examination:70 Internal Assessment:30 Time: 3hrs.

### **Course Objectives:**

To develop an appreciation of developmental relationship. To develop effective interpersonal skills for coaching and mentoring. To identify coaching and mentoring options for employees.

### **Course Contents:**

#### Unit-1

 Overview of developmental relationships: An introduction to developmental relationships: Counseling, coaching and mentoring, Personality and developmental relationships: Altruism; extension motivation; nishkam karma. Issues in developmental relationships in Indian context: Managing Trishanku complex; dependency proneness, diversity; mind set towards Indian cultural diversity.

#### Unit-2

• Overview of coaching, counseling and mentoring: Process of counseling, coaching and mentoring, Mentor competencies: The nurturing superior, Indian perspective on coaching, counseling and mentoring: Sneh-shraddha.

#### Unit-3

• Developing dyadic relationships: Guru Shishya Parampara, Samkhya, Feedback process: Interpersonal and performance.

### Unit-4

• Organizational systems: Coaching and mentoring process at work place, Work- centric nurturant culture, Views of Arthashastra (Kautilya), Cosmic collectivism.

- 1. Garvey, B., Stokes, P., & Megginson, D. (2009). Coaching and mentoring: Theory and practice. London: Sage.
- 2. Gupta, R. K., & Awasthy, R. (Eds.) (2015). Qualitative research in management: Methods and experiences. New Delhi, India: Sage Publications.
- 3. Guptan, S. U. (2006). Mentoring: A practical guide to touching lives. New Delhi, India: Response Books.

- 4. Kakar, S. (1991). The guru as healer. In S. Kakar, The analyst and the mystic: Psychoanalytic reflections on religion and mysticism (pp. 35–54). Chicago, IL: The University of Chicago Press.
- 5. Pareek, U. (2007). Understanding organizational behaviour (2nd ed.). Delhi, India: Oxford University Press.
- 6. Ragins, B. R., & Kram, K. E. (Eds.) (2007). The handbook of mentoring at work: Theory, research and practice. Los Angeles: Sage Publications.
- 7. Rock, A. D., & Garavan, T. N. (2006). Reconceptualizing developmental relationships. Human Resource Development Review, 5(3), 330-354.
- 8. Santhosh, B. (2012). Coaching: The art of developing leaders. New Delhi: Wiley-India.
- 9. Shrowty, A. W. (1996). Knowledge transfer and the guru-shishya model. Journal of Human Values, 2(2), 127-135.
- 10. Sinha, J. B. P. (2009). Culture and organizational behaviour. New Delhi: Sage Publication.

DIE 413 Dissertation Credits: 4 (Hrs./week:4)

Maximum Marks: 100 Theory Examination: 70 Internal Assessment: 30

Time: 3hrs.

At the beginning of the fourth Semester each student will be required to select a topic of his / her interest area in consultation with the teacher supervisor to conduct research based project. Students will be required to collect data from subjects. After the analysis of results, students will submit two typed copies of Supervised Project Report of the work completed to the concerned supervisor.

**Submission:** Two signed typed copies of Supervised Project will be submitted by the students.

**Evaluation:** Supervised Project will be evaluated by the external examiner.

#### **Distribution of Marks**

Report	Viva-Voce	Total
100	50	150

### **DSC 413** Institutions and Entrepreneurship

Credits: 4 (Hrs./week:4)

Maximum Marks: 100 Theory Examination: 70 Internal Assessment: 30

Time: 3hrs.

**Course Objectives-** To sensitize students regarding the importance of different types of Entrepreneurship and equip them in developing personality characteristics and orientation for taking up entrepreneurial roles.

### **Course Contents**

#### Unit I

Conception of Entrepreneurship: Importance and relevance of Entrepreneurship, Entrepreneurial Orientation, Personality, Cognitive Social and Motivational antecedents; Entrepreneurship, Innovation and Creativity.

### Unit II

Entrepreneurship in Varied Settings: Entrepreneurship, Social Entrepreneurship and Female Entrepreneurship: Social context of Entrepreneurship, Issues and Challenges.

- 1. Drucker, P. (1985). Innovation and Entrepreneurship: Principles and Practices. Harper and Row Publishers: New York.
- 2. Bornstien, D. (2004). How to change the world: Social Entreprenuers and the power of new ideas. Oxford University Press.
- 3. Frese,M. and Gielnik,M.M.(2014). The Psychology of Entrepreneurship. Annual Review of Psychology, 1, 413-438.

## DSC 414 Training and Consulting in Organizations

Credits: 4 (Hrs./week:4)

Maximum Marks: 100 Theory Examination: 70 Internal Assessment: 30

Time: 3hrs.

# **Course Objectives:**

- Understand the relevance of training as a development intervention and learn designing, implementing and evaluating the training program.
- Learn the nature and value of organizational consultancy for organization's decision making and problem solving.

### **Course Contents:**

#### Unit I

Nature and value of Organizational consultancy, Creating a culture of consulting and coaching, Responsibilities and skills of organizational consultants and trainers, Ethical issues in consulting.

#### **Unit II**

Training: Its relevance, learning and motivational principles, The Training Process: Need Assessment, design, delivery and Developing Training Modules and Training evaluation.

# **Suggested Readings:**

Aamodt, M. G., & Aamodt, M. G. (2010). *Industrial/organizational psychology: An applied approach*. 6<sup>th</sup> Edition, Belmont, CA: Wadsworth.